



# UNIVERSITY of VIRGINIA

Children's Hospital

& The UVA Department of Pediatrics present the

## 37th McLemore Birdsong Pediatric Conference

April 28-30, 2017

Omni Hotel, Charlottesville, VA



### Keynote Address: "Coping with Vaccine Refusal in the Office"



**Paul A. Offit, MD**

Director of the  
Vaccine Education Center  
at the Children's Hospital of  
Philadelphia

Founding advisory  
board member of the Autism  
Science Foundation and the  
Foundation for  
Vaccine Research





## Objectives

After participating in the Birdsong Pediatrics Conference, attendees should be able to:

- Describe current issues in evaluation and management of common newborn concerns, pediatric syncope, and non-specific abdominal pain.
- Apply current thinking in the management of childhood epilepsy, gender dysphoria, adolescent depression, and pediatric infectious diseases.
- Understand and utilize the latest clinical guidelines for the diagnosis and treatment or referrals for polycystic ovarian syndrome and postpartum depression.
- Discuss the latest trends in nutrition support for mothers, infants, and children, abdominal imaging, and the prevention of allergy and atopy.
- Identify child public health issues being addressed at the national, state, and local levels.
- Develop techniques to cope with vaccine refusal in the office and learn helpful tricks and tips for pediatric practice.



## Conference Registration

Register online at [www.cmevillage.com](http://www.cmevillage.com). Payment is required with registration. Early Bird Discount available through 3/17/17. Registration closes on 4/21/2017. Early Bird pricing shown in parentheses.

- Physicians . . . . . (\$475) \$525
- VA Chapter, AAP Members . . . . . (\$375) \$425  
[www.virginiapediatrics.org](http://www.virginiapediatrics.org)
- Other Health Care, Residents, Fellows . . . (\$325) \$375
- One Day Session . . . . . \$260
- One Day VA Chapter, AAP Members . . . \$210
- Maintenance of Certification Workshop . . . \$55  
(pre-registration required)
- Hard Copy of Syllabus . . . . . \$50  
(pre-order required)
- Walk-in registration additional late fee . . \$50

Registration fee includes online syllabus and refreshments during sessions.

## ABP Maintenance of Certification Part II

This year, we are again excited to offer participants the opportunity to earn 10 MOC Part II credits in the form of a special Behavior and Development workshop for pediatricians under the direction of Dr. Ken Norwood, an expert in Child Development and Behavior. Preregistration, preparatory work, and an additional \$55 fee are required. Additional **2 AMA PRA Category 1 Credits™** awarded.

## Accreditation and Designation Statements

The University of Virginia School of Medicine is accredited by the ACCME to provide continuing medical education for physicians. The University of Virginia School of Medicine designates this live activity for a maximum of **16 AMA PRA Category 1 Credits™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

The University of Virginia School of Medicine awards 16 hours of participation (equivalent to **AMA Category 1 Credits™**) to each non-physician participant who successfully completes this educational activity. The University of Virginia School of Medicine maintains a record of participation for six (6) years.

This live activity, 37th McLemore Birdsong Pediatric Conference, with a beginning date of 04/28/2017, has been reviewed and is acceptable for up to 15.00 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This program is pending accreditation by the National Association of Pediatric Nurse Practitioners (NAPNAP) for NAPNAP CE contact hours.

## Confirmation and Cancellation Policy

Upon receipt of registration and payment, you will receive an email confirmation. Registration fees will be refunded (less a \$50 administrative fee) for cancellations received in writing a minimum of 14 days prior to the activity date. No refunds will be granted for cancellations made within 13 days of the activity. The University of Virginia School of Medicine reserves the right to cancel CME activities if necessary. In this case, the entire registration fee will be refunded. All other expenses incurred in conjunction with this CME activity are the sole responsibility of the participant.

American Academy of Pediatrics

DEDICATED TO THE HEALTH OF ALL CHILDREN™

Virginia Chapter



## Contact Information

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# BIRDSONG 2017 AGENDA

## Thursday, April 27th

3:00-6:00pm Conference Registration  
The Omni Charlottesville

## Friday, April 28th

- 7:00-7:30am Registration and breakfast (Exhibit Area)
- 7:30-7:40am **Introduction and Welcome**  
Moderator: James P. Nataro, MD, PhD, MBA
- 7:40-8:10am **New Guidelines for Recognizing & Managing PCOS**  
Christine Burt-Solorzano, MD
- 8:10-8:40am **Syncope: Does that "Fall out" Need a Work-up?**  
Nancy McDaniel, MD, FAAP, FACC
- 8:40-9:10am **It Keeps Hurting: Common Repetitive Use Injuries**  
Siobhan Statuta, MD, CAQSM
- 9:10-9:40am **How to Identify and Help Transgender Youth in Your Practice**  
Nancy McLaren, MD
- 9:40-10:00am Break with Refreshments (Exhibit Area)

10:00-10:50am **WIC: Resources for Busy Pediatricians and Families in Need**  
Sarah Widor, MPA, Director United States  
Department of Agriculture, Food & Nutrition Services

- 10:50-11:15am **Abdominal Aches and Pains: What's New in Pediatric Imaging?**  
William McCullough, MD, MBA
- 11:15-11:40pm **Abdominal Aches and Pains: What if the Imaging is Normal?**  
Jeremy Middleton, MD
- 11:40-12:00pm **Abdominal Aches and Pains Panel Discussion**  
William McCullough, MD & Jeremy Middleton, MD
- 12:00-12:10pm Break to move to Workshops

- 12:10-1:10pm **Workshop #1**
1. Could this be PCOS?
  2. Feeling Faint? Cases involving Syncope
  3. Gender Dysphoria Case Discussions
  4. Sports Injury Presentations and Management
  5. Logical Approaches to the Work-up of Abdominal Pain

- 1:10pm Adjourn, Lunch on own
- 1:30-3:30pm **MOC Workshop (pre-registration required; lunch provided)**
- 4:00-6:00pm **Reception with Pediatric Poster Session Honoring UVA Pediatric Alumni and 2017 Birdsong Faculty (Exhibit Hall)**  
*Includes 1 AMA PRA Category 1 Credit™ for poster session*

## Saturday, April 29th

- 7:00-7:30am Registration and Breakfast (Exhibit Area)
- 7:30-7:40am **Welcome Back and Important Announcements**  
Moderators: Ann Kellams, MD, IBCLC & Kenneth Norwood, MD
- 7:40-8:10am **Hot Newborn Topics: Red, White, Yellow, and Blue!**  
Ann Kellams, MD, IBCLC
- 8:10-8:40am **SUDEP: Sudden Unexpected Death in Epilepsy**  
Howard Goodkin, MD, PhD
- 8:40-9:30am **The 2nd Annual J. Owen Hendley Memorial Lecture: Hot Topics in Pediatric Infectious Disease**  
Leigh Grossman, MD
- 9:30-10:00am **Pediatric Pearls from Treasured Faculty**  
Birdsong 2016 Faculty  
Moderator: Ann Kellams, MD, IBCLC

- 10:00-10:30am Break with Refreshments (Exhibit Area)  
Hosted by the AAP, Virginia Chapter

- 10:30-11:30am **Workshop #2**
6. Logical Approaches to the Work-up of Abdominal Pain
  7. Could this be PCOS?
  8. Gender Dysphoria Case Discussions
  9. Establishing a Medical Home for Children in Foster Care
  10. Bring Your Infectious Disease Questions

- 11:30am-11:40am Break to return to ballroom

## Annual Family and Community Session

*(pre-registration required for family members attending)*

- 11:40-11:50am **Introduction and AAP, Virginia Chapter Raffle**  
Jim Nataro, MD, PhD, MBA & Sam Bartle, MD  
AAP Chapter President
- 11:50-12:05pm **Pediatricians: On the Front Lines of Child Health**  
Sam Bartle, MD, President, AAP Virginia Chapter
- 12:05-12:55pm **McLemore Birdsong Lecture: Postpartum Depression: What is the Pediatrician's Role?**  
Natasha Sriraman, MD, MPH
- 12:55-1:15pm **Everyday Strategies to Prevent Allergies and Eczema**  
Julia Wisniewski, MD
- 1:15pm Adjourn, Lunch on own

## Sunday, April 30th

- 7:30-8:00am Registration and Breakfast
- 8:00-9:00am **Workshop #3**
11. Adolescent Depression: Practical Cases for the Pediatrician
  12. Feeling Faint? Cases Involving Syncope
  13. Putting Screening for Postpartum Depression into Practice
  14. Vaccine Conversation Cases
  15. Is this Food Allergy?
- 9:00-9:10am **Welcome Back and Important Announcements**  
Moderator: Kenneth Norwood, MD
- 9:10-9:40am **Adolescent Depression: Helping the Troubled Teen in a Busy Practice**  
Julia Taylor, MD, MA & Erin Berenz, PhD
- 9:40-10:10am **Top Ten Pediatric Articles of the Year**  
Rachel Moon, MD
- 10:10-10:40am Break with Refreshments
- 10:40-11:40am **Keynote Address: Coping with Vaccine Refusal in the Office**  
Paul Offit, MD
- 11:40-11:50am **Raffle, Poster Session Awards, Acknowledgements**
- 11:50-12:50pm **Workshop #4**
16. Adolescent Depression: Practical Cases for the Pediatrician
  17. Putting Screening for Postpartum Depression into Practice
  18. Vaccine Conversation Cases
  19. Is this Food Allergy?

- 12:50-1:00 pm **Wrap-up, Evaluations**
- 1:00pm **Adjourn, Lunch on own**



## Course Directors

### **Ann L. Kellams, MD, IBCLC**

Associate Professor

Medical Director, Well Newborn and Breastfeeding Medicine

### **Kenneth Norwood, MD**

Professor, Developmental Pediatrics



### **About the Omni Hotel and Charlottesville**

The Omni is located at the west end of Charlottesville's historic Downtown Mall, considered one of the finest urban parks in the country. The pedestrian mall is home to a vibrant collection of more than 120 shops & boutiques, 30 local restaurants, and some of the best entertainment venues in Central Virginia. Centrally located, the Omni Hotel offers easy access to the University of Virginia, Thomas Jefferson's Monticello, and central Virginia's award-winning wine trail. Hotel amenities include a complimentary fitness center with sauna, Jacuzzi, heated indoor and outdoor swimming pools, and exercise room

*It's the UVA Medical Alumni Reunion Weekend!*

Visit: [www.uvamedalum.org/alumni/reunion-weekend/reunion2017/](http://www.uvamedalum.org/alumni/reunion-weekend/reunion2017/)

### **How to Make Reservations at the Omni Hotel**

Reservations may be made directly [online](#) or toll-free at 1-800-THE-OMNI (1-800-843-6664) before March 17<sup>th</sup>. Be sure to use the group code "Birdsong". Standard rooms start at \$239, and overnight parking is included.

*For information about UVA Athletic events that weekend, visit: [www.virginiasports.com/calendar/events/](http://www.virginiasports.com/calendar/events/) For information about other local events, visit: [www.visitcharlottesville.org](http://www.visitcharlottesville.org)*



## Birdsong 2017 Faculty

### **Guest Faculty**

#### **Sam Bartle, MD**

President, AAP, Virginia Chapter

#### **William P McCullough, Jr, MD, MBA**

Assistant Professor, Director of Pediatric Imaging, Department of Radiology and Medical Imaging

#### **Douglas K Mitchell, MD, FAAP**

Professor of Pediatrics, Medical Director, Children's Hospital of The King's Daughters Medical Group; Medical Director, International Adoption & Travel Medicine Clinic

#### **Paul A Offit, MD**

Professor of Pediatrics, The Children's Hospital of Philadelphia

#### **Natasha K Sriraman, MD, MPH, FAAP, FABM**

Associate Professor, Children's Hospital of the King's Daughters, Division of General Academic Pediatrics, Eastern Virginia Medical School

#### **Siobahn M Statuta, MD, CAQSM**

Director, Primary Care Sports Medicine Fellowship; Assistant Professor, Family Medicine and Physical Medicine & Rehabilitation; Team Physician, UVA Sports Medicine

#### **Sarah Widor, MPA**

Director, United States Department of Agriculture, Food and Nutrition Service

### **UVA Pediatric Faculty**

#### **Erin Berenz, PhD**

Assistant Professor, Child Psychology

#### **Stephen Borowitz, MD**

Associate Professor; Division Head, Division of Pediatric Gastroenterology, Hepatology and Nutrition  
Medical Director UVA Children's Hospital, Battle Building

#### **Christine Burt-Solorzano, MD**

Associate Professor, Division of Pediatric Endocrinology

#### **Howard Goodkin, MD, PhD**

Shure Professor of Neurology and Pediatrics;  
Division Head, Pediatric Neurology

#### **Leigh B Grossman, MD**

Medical Alumni Professor of Pediatric Infectious Disease,  
Associate Dean for International Programs

#### **Gregory Hayden, MD**

Professor Emeritus, Division of General Pediatrics

#### **Martha Hellems, MD**

Associate Professor, Division of General Pediatrics

#### **Nancy L McDaniel, MD, FAAP, FACC**

Associate Professor, Division of Pediatric Cardiology

#### **Nancy M McLaren, MD**

Assistant Professor; Medical Director, Teen and Young Adult Health Center; Co-director, TransHealth Clinic

#### **Jeremy Middleton, MD**

Assistant Professor, Division of Pediatric Gastroenterology, Hepatology and Nutrition

#### **Rachel Moon, MD**

Professor; Division Head, General Pediatrics

#### **James Nataro, MD, PhD, MBA**

Professor and Chair, Department of Pediatrics

#### **Victoria Norwood, MD**

Professor, Pediatric Nephrology

#### **Alan Rogol, MD**

Professor Emeritus, Pediatric Endocrinology

#### **Julia F Taylor, MD, MA**

Assistant Professor, Adolescent Medicine

#### **W. Gerald Teague, MD**

Ivy Foundation Distinguished Professor of Pediatrics  
Associate Director, Child Health Research Center,  
Chief, Division of Respiratory Medicine, Allergy, & Immunology

#### **William Wilson, MD**

Professor of Pediatrics, Associate Chair for Education in Pediatrics, Division Head, Pediatric Genetics

#### **Julia Wisniewski, MD**

Assistant Professor of Pediatrics,  
Asthma Allergy & Immunology