

***Need a dose of meaning?
Reaffirm your reasons for choosing a career in healthcare!***

**Register and join us for
*The Healer's Art***

Saturday, December 7, 2013

**8:00 a.m. – 4:30 p.m., G1/G2 Jordan Hall Conference Center
University of Virginia School of Medicine
Charlottesville, Virginia**

Course Description/Learning Objectives: The Healer's Art is a curriculum designed by Rachel Naomi Remen, MD, Director of the Institute for the Study of Health and Illness at Commonweal, and Professor of Family and Community Medicine at UCSF School of Medicine, to address "the hidden crisis in medicine and the growing loss of meaning and commitment experienced by physicians nationwide under the stress of today's health-care system." She has taught this to practicing physicians in workshops across the country and developed a course for medical students that has been adopted by over 70 medical schools throughout the U.S., including UVA. In this one-day program, UVA faculty who teach the course will focus on the following themes: 1. Discovering and Nurturing Your Wholeness; 2. Sharing Grief and Honoring Loss; 3. Self-Care for the Caretaker; and 4. The Care of the Soul: Service as a Way of Life. At the end of this program, participants will be able to: describe techniques of stress reduction and physical, emotional, and self-care; list strategies for processing grief and supporting themselves and others in the grief process; describe a framework to discuss the awe and mystery of medicine, particularly in end-of-life care; and examine service as a way of life.

Course Fee: \$100 – includes continental breakfast, lunch, and materials **NOTE: UVA faculty/healthcare providers are FREE of charge, but registration is required.**

Registration: Register on-line at: <http://www.medicine.virginia.edu/education/more/cme> (under "Conferences & Symposia").

Healer's Art Faculty:

- Deborah L. Campbell, MD, Albemarle Square Family Health Care
- Ann L. Kellams, MD, FAAP, IBCLC, FABM, Associate Professor of Pediatrics and Director of the Well Newborn and Breastfeeding Medicine Services
- Bryce S. Kellams, MD, Forest Lakes Family Medicine
- Robert Kyler, MD, Medical Director of Radiation Oncology at Augusta Health (Fishersville) and RMH (Harrisonburg)
- Margaret L. Plews-Ogan, MD, FACP, Associate Professor of Medicine, Chief of the Division of General Medicine, Geriatrics and Palliative, and Director of the Center for Appreciative Practice
- James L. Plews-Ogan, MD, Associate Professor of Pediatrics and Director of Community and Global Engagement By Your Side Pediatrics
- Tim Short, MD Hospice and Palliative Care Services at Sentara/Rockingham Memorial Hospital

Accreditation: The University of Virginia School of Medicine is accredited by the ACCME to provide continuing medical education for physicians. The University of Virginia School of Medicine designates this live activity for a maximum of **7 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity. The University of Virginia School of Medicine awards one hour of participation credit per hour of participation to each non-physician participant who successfully completes this educational activity. The University of Virginia School of Medicine maintains a permanent record of participants who have been awarded hours of participation. CME transcripts may be obtained at www.cmevillage.com (click on Transcripts and follow the instructions).

Questions? Contact Ashley Ayers (phone: 434-924-8497; e-mail: ala5t@virginia.edu)

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