

The 40th Annual Fitz-Hugh Symposium:

**Contemporary Management &
Cutting-Edge Advances in
Otolaryngology – Head & Neck Surgery**

Special Emphasis on:

Obstructive Sleep Apnea & Salivary Gland Disease

Jordan Hall Conference Center, University of Virginia Health System, Charlottesville, VA



June 24, 2016

Provided by: **University of Virginia School of Medicine**
The Office of Continuing Medical Education

Course Overview

New and optimized methods of evaluation and treatment have developed over the last several years regarding Obstructive Sleep Apnea (OSA) and Salivary Gland disease. This symposium is designed to update the attendee regarding the new advances, multidisciplinary team approaches and treatment options that now exist. Specific areas to be addressed involve:

Obstructive Sleep Apnea: Addressing current methods of evaluation including interpretation of sleep study and sleep endoscopy as well as an examination of the OSA differential diagnosis. Treatment options with updated data involving the role of the multidisciplinary team, dental specific treatments, rhinologic and facial plastic treatment approaches, treatment options beyond UPPP and the use of the hypoglossal stimulator.

Salivary Gland Tumors: Updates on methods of imaging and a general overview of non-neoplastic salivary gland disease as well as contemporary methods for management of disease, including sialendoscopy will be provided. An examination of parapharyngeal space tumors will be provided as well as both an update on the role for radiation therapy for salivary gland disease and the reconstruction or post-operative defects. A panel discussion will allow for emphasis on key points and discussion of cases.

Presenters across multiple disciplines at the local, regional and national level will provide a complete approach to patient care. Panel discussions will allow for discussion of complex cases, and each session will include opportunities for audience participation.

Educational Objectives

At the conclusion of the Obstructive Sleep Apnea section, participants should be able to:

- Describe the evaluation of the OSA patient and sleep study interpretation
- Demonstrate familiarity with evaluation for level of obstruction
- Understand dental, rhinologic and facial Plastic interventions in the treatment of OSA
- Describe and understand treatments beyond the UPPP in adults and children
- Identify appropriate patients for, and explain the use of, the hypoglossal stimulator
- Differentiate disease processes that may mimic or be misdiagnosed as OSA

At the conclusion of the Salivary Gland Disease section, participants should be able to:

- Explain evaluation and treatment options for salivary gland disease
- Identify appropriate patients for and explain the use of sialoendoscopy
- Discuss the role of radiation therapy in the treatment of salivary gland pathology
- Describe the reconstruction of salivary gland defects
- Develop appropriate differential diagnosis and workup of parapharyngeal space tumors

Accreditation and Designation Statement

The University of Virginia School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

The University of Virginia School of Medicine designates this live activity for a maximum of **8.5 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The University of Virginia School of Medicine awards 8.5 hours of participation (**equivalent to AMA PRA Category 1 Credits™**) to each non-physician participant who successfully completes this educational activity. The University of Virginia School of Medicine maintains a record of participation for six (6) years.

Registration Fees: Register online at www.cmevillage.com, click Conferences and Symposia

Pre-registration will close on June 17, 2016, after which time walk-in rates will apply.

Physicians:.....\$300.00 | Walk-in:....\$350.00

Other HCP:.....\$100.00 | Walk-in:.....\$150.00

Non-UVA Students, Residents and Fellows...\$75.00 | Walk-in:....\$125.00

UVA Medical Students: FREE with pre-registration | Walk-in:.....\$50.00 Cocktail

Reception and Banquet: \$100.00

Parking and Location

Parking is available at the 14th Street garage on Wertland St. right behind the Graduate Hotel. All Medical Center parking garages are for patients and their guests only.

Jordan Hall Conference Center is located on Jefferson Park Avenue adjacent to the Claude Moore Health Sciences library. The Conference Center can be accessed from entrance on Jefferson Park Ave.

Accommodations

Rooms have been reserved at the Courtyard by Marriott University Medical Center (434-977-1700) and will be available on a first-come, first-serve basis. Attendees should make reservations using the group name "Fitz-Hugh Symposium" at least 30 days prior to the conference to receive the discounted rate.

Confirmation & Cancellation Policy

Please visit FAQ's at www.cmevillage.com for information.

Agenda

The University of Virginia Otolaryngology-Head and Neck Surgery residents will present research updates in a variety of both clinical and basic science endeavors that span the breadth of the field. Presentations will be taking place on June 23, 2016 from 2:00-5:00pm in the Riggs Auditorium. These presentations will be moderated by Dr. Mark Jameson.

Friday, June 24, 2016

- 7:00-8:00 Registration - Refreshments Provided
- 8:00-8:10 **Introduction and Welcome**
Dr. Paul Levine
- 8:10-8:35 **Evaluation of OSA Patient and Sleep Study Interpretation**
Dr. Eric Davis
- 8:35-9:00 **Evaluation of Site of Obstruction**
Dr. Stacey Ishman
- 9:00-9:25 **Oral Appliances in Sleep Apnea Treatment**
Dr. Brian Hoard
- 9:25-9:45 **Nasal Surgery and OSA**
Dr. Jose Gurrola II
- 9:45 -10:05 **Facial Plastics Options for the OSA Patient**
Dr. Jared Christophel
- 10:05-10:25 Break – Exhibit Hall Open
- 10:25 -10:50 **Treatment of OSA Beyond UPPP (adult)**
Dr. Stacey Ishman
- 10:50-11:15 **Hypoglossal Stimulator**
Dr. Mark Jameson
- 11:15-11:35 **Treatment of OSA Beyond UPPP (peds)**
Dr. Stacey Ishman
- 11:35-12:00 **Challenging Cases in OSA and Non-OSA Cases**
Dr. Eric Davis
- 12:00-12:55 Lunch (provided)
- 12:55-1:00 **Faculty Introduction**
Dr. Christophel
- 1:00-1:45 **Parapharyngeal Space Tumors**
Dr. David Eisele
- 1:45-2:15 **Salivary Gland Imaging**
Dr. Sugoto Mukherjee
- 2:15-2:45 **Contemporary Management of Salivary Gland Stones**
Dr. David Eisele
- 2:45-3:10 Break – Exhibit Hall Open
- 3:10-3:40 **Non-Neoplastic Salivary Gland Disorders**
Dr. David Eisele
- 3:40-4:10 **RT for Salivary Gland Pathology**
Dr. Paul Read
- 4:10-4:40 **Reconstruction of Parotid Defects**
Dr. Katherine Fedder
- 4:40-5:30 **Panel on Salivary Gland Tumor Management**
Moderator: Dr. David Shonka
Panelists: Drs. Fedder, Jameson, Levine, Eisele, Read
- 6:00-10:00 Cocktails and Banquet - Abbott Center dining room (additional fee)

*order of agenda subject to change | **Syllabus will be provided online only, at www.cmevillage.com

Faculty

COURSE DIRECTORS

***Jose G. Gurrola II, MD**

Assistant Professor of Otolaryngology-Head and Neck Surgery

***Jared Christophel, MD, MPH**

Associate Professor of Otolaryngology-Head and Neck Surgery

GUESTS OF HONOR

David Eisele, MD

Johns Hopkins University School of Medicine

Stacey Ishman, MD, MPH

Cincinnati Children's Hospital Medical Center

UNIVERSITY OF VIRGINIA COURSE FACULTY

***Paul A. Levine, MD, FACS**

Robert W. Cantrell Professor of Otolaryngology-Head and Neck Surgery

Katherine L. Fedder, MD

Assistant Professor of Otolaryngology-Head and Neck Surgery

***Mark J. Jameson, MD, PhD**

Associate Professor of Otolaryngology-Head and Neck Surgery

Sugoto Mukherjee, MD

Associate Professor of Radiology

***David C. Shonka, Jr., MD**

Associate Professor of Otolaryngology-Head and Neck Surgery

Eric Davis, MD

Assistant Professor of Medicine

Brian Hoard, DDS

Associate Professor of Clinical Dentistry

Paul Read, MD, PhD

Professor of Radiation Oncology and Otolaryngology -Head and Neck Surgery

Contact Information

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