



UNIVERSITY of VIRGINIA

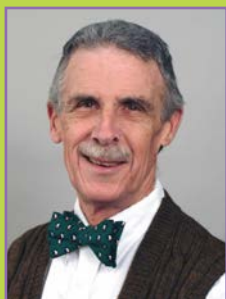
Children's Hospital

& The UVA Department of Pediatrics present the

36th McLemore Birdsong Pediatric Conference

May 13-15, 2016

Omni Homestead Resort, Hot Springs, VA



Featuring:

The J. Owen Hendley Memorial Lecture:

Hot Topics in Pediatric Infectious Disease

James P Nataro, MD, PhD, MBA



Sponsored by the Office of Continuing Medical Education of the University of Virginia School of Medicine

Objectives

After participating in the Birdsong Pediatrics Conference, attendees should be able to:

1. Describe current issues in evaluation and management of Type II diabetes, pediatric obesity, anemia, and chest wall deformities.
2. Apply current thinking in the management of NICU graduates, addressing childhood sleep concerns, and pediatric infectious diseases.
3. Understand and utilize the latest clinical guidelines for the non-pharmacologic treatment of ADHD, the common cold, colic, and headaches.
4. Discuss the latest trends in pediatric dermatology, pediatric orthopedics, and pediatric nephrology.
5. Identify child public health issues being addressed at the national level, including substances of abuse and infant safe sleep.
6. Develop techniques to help themselves and their patients cope with stress, and learn efficiency and effectiveness strategies for the new ICD-10.



Conference Registration

Register online at www.cmevillage.com. Payment is required with registration. Early Bird Discount available through 4/1/2016. Registration closes on 5/1/2016. Early Bird pricing shown in parentheses.

- Physicians (\$465) \$515
- VA Chapter, AAP Members (\$365) \$415
- Other Health Care, Residents, Fellows . . . (\$315) \$365
- One Day Session \$250
- One Day VA Chapter, AAP Members . . . \$200
- Maintenance of Certification Workshop . . . \$55 (preregistration required)
- Hard Copy of Syllabus \$50 (pre-order required)
- Walk-in registration additional late fee . . \$25

Registration fee includes online syllabus and refreshments during sessions.

ABP Maintenance of Certification Part II

This year, we are again excited to offer participants the opportunity to earn 10 MOC Part II credits in the form of a special Behavior and Development workshop for general practitioners under the direction of Dr. Ken Norwood, an expert in Child Development and Behavior. Preregistration, preparatory work, and an additional \$55 fee are required. The University of Virginia School of Medicine designates this live activity for a maximum of **3 AMA PRA Category 1 Credits™**

Accreditation and Designation Statements

The University of Virginia School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

The University of Virginia School of Medicine designates this live activity for a maximum of **16 AMA PRA Category 1 Credits™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

The University of Virginia School of Medicine awards 16 hours of participation (equivalent to **AMA Category 1 Credits™**) to each non-physician participant who successfully completes this educational activity. The University of Virginia School of Medicine maintains a record of participation for six (6) years.

This continuing medical education activity has been reviewed by the American Academy of Pediatrics and is acceptable for a maximum of 16 AAP credits. These credits can be applied toward the AAP CME/CPD Award available to Fellows and Candidate Members of the American Academy of Pediatrics.

Confirmation and Cancellation Policy

Upon receipt of registration and payment, you will receive an email confirmation. Registration fees will be refunded (less a \$50 administrative fee) for cancellations (emails and fax requests are acceptable) received in writing a minimum of 14 days prior to the activity date. No refunds will be granted for cancellations made within 13 days of the activity. The University of Virginia School of Medicine reserves the right to cancel CME activities if necessary. In this case, the entire registration fee will be refunded. All other expenses incurred in conjunction with this CME activity are the sole responsibility of the participant.

OUR VISION To be the leading authority, advocate and voice for the health of Virginia's children and for the profession of pediatrics.

American Academy of Pediatrics

DEDICATED TO THE HEALTH OF ALL CHILDREN™

Virginia Chapter



OUR MISSION The mission of the Virginia Chapter, American Academy of Pediatrics and The Virginia Pediatric Society is the attainment of optimal health, safety and well-being of Virginia's children and promotion of pediatricians as the best qualified of all health professionals to provide child health care.

Contact Information

Elizabeth Patterson, MEd
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Office of Continuing Medical Education
(434) 982-3687
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BIRDSONG 2016 AGENDA

Thursday, May 12th

3:00-6:00pm Conference Registration
at The Omni Homestead Resort

Friday, May 13th

Breakfast in the Main Dining Room prior to session for resort guests

7:00am 7:30 Registration (Exhibit Area)
7:40am **Introduction and Welcome**
Moderator: James P Nataro, MD, PhD, MBA

7:40-8:10am **Pediatric Toxicology:
The Latest on Substances of Abuse**
Christopher P Holstege, MD

8:10-8:40am **Strategies for Pediatric Obesity**
Laura Shaffer, PhD

8:40-9:10am **Type II Diabetes: When to Suspect,
How to Manage**
Mark DeBoer, MD

9:10-9:40am **Pediatric Orthopedic Update**
Leigh Ann Lather, MD

9:40-9:50am Break and Refreshments (Exhibit Area)

9:50-10:20am **Caring for the NICU Graduate**
James Plews-Ogan, MD

10:20-10:45am **Pediatric Nephrology Update**
John Barcia, MD

10:45-11:10am **Chest Wall Deformities**
Jeffrey Gander, MD

11:10-12:00pm **Keynote Address:
Addressing ADHD Naturally**
Kathi Kemper, MD

12:10-1:00pm **Workshop #1**

1. Pediatric Surgery Cases
2. Hands-On Orthopedics
3. Pediatric Nephrology Cases
4. NICU Graduate Cases
5. Toxicology Cases
6. Pediatric Endocrinology Cases

1:15 PM Adjourn, Lunch on own

2:00 -4:00 PM **MOC Part II Workshop**
Kenneth Norwood, MD

Saturday, May 14th

Breakfast in the Main Dining Room prior to session for resort guests

7:30-8:00am **Yoga: Daily Health and Stress Relief
Options for the Busy Provider**
comfortable clothing and/or layers recommended
Ina Stephens, MD

8:00-8:05am **Welcome Back and Important
Announcements**
Moderator: James P Nataro, MD, PhD, MBA

8:05-8:35am **Managing Adolescent Contraception in
the Pediatric Office**
Julia Taylor, MD

8:35-9:05am **The Work-up of Pediatric Anemias**
William Petersen, MD

9:05-9:35am **The J. Owen Hendley Memorial Lecture:
Hot Topics in Pediatric Infectious Disease**
James P Nataro, MD, PhD, MBA

9:35-10:15am **Pediatric "Pearl" Session**
Birdsong 2016 Faculty

10:15-11:00am **Workshop #2**

7. Integrative/Holistic Pediatric Cases
8. Hands-On Orthopedics
9. Pediatric Endocrinology Cases
10. Toxicology Cases
11. Pediatric Hematology Cases
12. Pediatric Obesity Cases

11:00-11:15am Break with Refreshments

Family & Community Sessions

11:15am-11:20am **Introduction and AAP,
Virginia Chapter Raffle**
James P. Nataro, MD, PhD, MBA
and AAP Chapter President

11:20-11:40am **Today's Child Health Issues**
Barbara Kahler, MD, President,
AAP Virginia Chapter

11:40am-12:25pm **Safe Sleep Update**
Rachel Moon, MD

12:25-1:15pm **McLemore Birdsong Lecture:
Natural Remedies for Colic, Colds,
and Headaches**
Kathi Kemper, MD

1:15pm Adjourn, Lunch on own
5-6pm UVA Alumni Reception,
pre-registration required

Sunday, May 15th

Breakfast in the Main Dining Room prior to session for resort guests

7:30-8:00am **Yoga: Teaching Your Pediatric Patients
Some Strategies to Manage Anxiety**
comfortable clothing and/or layers recommended
Ina Stephens, MD

8:05-8:50am **Workshop # 3**

13. Pediatric Dermatology Cases
14. Pediatric Sleep Cases
15. Adolescent Gynecology Cases
16. Newborn Genetics Cases
17. Pediatric Hematology Cases
18. Integrative/Holistic Pediatric Cases

8:50-8:55am **Welcome Back and
Important Announcements**
Moderator: Kenneth Norwood, MD

8:55-9:25am **Top Ten Pediatric Articles of the Year**
Rachel Moon, MD

9:25-9:55am **Pediatric Sleep Issues**
Pearl Yu, MD

9:55-10:35am **Featured Guest Speaker:
ICD-10 for Primary Care—
Surviving and Thriving**
Jeffrey Linzer, MD

10:35-10:55am Break with Refreshments

10:55-11:25am **Recognizing Syndromes in the Newborn**
Jennifer Humberson, MD

11:25-11:55am **Pediatric Dermatology Update**
Barrett Zlotoff, MD

12:00-12:50pm **Workshop #4**

19. Child Health Advocacy—Making a Difference
20. Pediatric Dermatology Cases
21. Adolescent Gynecology Cases
22. Newborn Genetics Cases
23. ICD-10 Cases
24. Pediatric Sleep Cases

1:00 pm Raffle, Closing Remarks, Evaluations
1:15pm Adjourn, Lunch on own

Course Directors:

Ann L. Kellams, MD, IBCLC

Associate Professor, General Pediatrics

Kenneth Norwood, MD

Professor, Developmental Pediatrics



About The Omni Homestead Resort

Celebrating its 250th Anniversary in 2016, The Omni Homestead Resort is one of America's most storied resorts, offering unparalleled hospitality and southern charm in a 2,000-acre setting within the Allegheny Mountains of southwestern Virginia. Renowned for its natural healing springs, The Omni Homestead Resort is distinguished by 483 luxurious guest rooms and suites, a wide array of fine and casual dining choices, and more than 30 recreational amenities. The resort offers an expansive, luxurious spa and two championship golf courses, a beautiful Equestrian Center, a top-rated Shooting Club; fly-fishing; archery; falconry; off-road Segway tours; a new 18-hole miniature golf course, and a wealth of other recreational attractions for adults and children. The Homestead became part of Omni Hotels & Resorts in 2013.

How to Make Reservations at the Omni Homestead Resort

Reservations may be made directly [online](#) or toll-free at 1-800-838-1766. Be sure to use the group code **"Birdsong"**.

A sumptuous **breakfast buffet in the Main Dining Room is included in the special room rate for Birdsong guests.** It is recommended that you make dinner reservations in advance of your stay. View dining options [here](#).

Standard rooms \$217 single/ \$239 double occupancy
(Additional guests as follows: adults @ +\$47, children 13 and over @ +\$22, children 6-12: @+\$12, children 5 and under, free.)

Resort Activities

There's something for everyone – indoor, outdoor, spa and fitness center, golf, tennis, pools, the KidsClub, and more. Lawn games, a daily history tour, nightly classic or family-friendly movies, campfires, and afternoon tea in the Great Hall are all complimentary. Visit the Homestead's [website](#) for more information or to register for additional activities or [KidsClub](#) and [babysitting services](#).

Nearby Attractions

Go antiquing, catch a concert at the [Garth Newel Music Center](#), soak in the historic [Jefferson Pools](#), picnic at the breath-taking [Falling Spring](#), enjoy trout-fishing in the beauty of [Douthat State Park](#), or learn to paddleboard at [Lake Moomaw](#).

Featured and Guest Faculty:

Jeffrey Gander, MD

Assistant Professor of Surgery,
UVA Division of Pediatric Surgery

Christopher Holstege, MD

Professor, School of Medicine;
Chief, UVA Division of Medical Toxicology

Barbara Kahler, MD, FAAP

President, American Academy of Pediatrics,
Virginia Chapter

Kathi J Kemper, MD, MPH

Director of the Center for Integrative Health and Wellness;
Professor of Pediatrics, The Ohio State University

Leigh Ann Lather, MD, FAAP

Assistant Professor Pediatric Orthopaedics,
UVA Department of Orthopaedics

Jeffrey F Linzer, Sr, MD, FAAP, FACEP

Professor of Pediatric and Emergency Medicine,
Emory University School of Medicine
Lead Physician, ICD-10-CM Transition Core Leadership
Team, Children's Healthcare of Atlanta

Rachel Y Moon, MD

Professor of Pediatrics, Division Head,
UVA General Pediatrics; Chair of AAP Task Force on SIDS

Laura A Shaffer, PhD

Associate Professor of Pediatrics,
Chief of Pediatric Psychology, UVA

Barrett Zlotoff, MD

Associate Professor of Pediatric and Adult Dermatology,
UVA Department of Dermatology

UVA Pediatrics Faculty:

John P Barcia, MD

Associate Professor of Pediatrics,
Division of Pediatric Nephrology

Mark D DeBoer, MD, MSc, MCR

Associate Professor of Pediatrics,
Division of Pediatric Endocrinology

Leigh Grossman, MD

Professor of Pediatrics;
Department of Pediatric Infectious Diseases

Jennifer B Humberson, MD

Assistant Professor of Pediatrics,
Division of Pediatric Genetics

James P Nataro, MD, PhD, MBA

Professor and Chair,
Department of Pediatrics

William C Petersen, Jr, MD

Assistant Professor,
Pediatric Hematology-Oncology

James Plews-Ogan, MD

Associate Professor of Pediatrics,
By Your Side Pediatrics

Ina Stephens, MD, FAAP, RYT

Associate Professor of Pediatrics,
Pediatric Infectious Diseases and Medical Education

Julia F Taylor, MD, MA

Assistant Professor of Pediatrics,
Adolescent Medicine

Pearl Yu, MD

Assistant Professor of Pediatrics;
Director, Pediatric Sleep Disorders Program