



UNIVERSITY
of VIRGINIA

SCHOOL OF MEDICINE



The 39th Annual Fitz-Hugh Symposium

Contemporary Management
& Cutting-Edge Advances
in Otolaryngology –
Head & Neck Surgery

**Special emphasis on
laryngology and head and neck
endocrine surgery**



COURSE OVERVIEW

The 39th Annual Fitz-Hugh Symposium is designed to update participants on current approaches and innovative progress in otolaryngology. The program features two guests of honor, both of whom are national experts in their field, as well as other local, regional, and national level experts. Emphasis will be placed on the practical impact of this information for the practicing otolaryngologist – head and neck surgeon. Presenters across multiple disciplines will describe a complete approach to patient care. Each session will include an opportunity for audience participation. Participants will gain knowledge that, when applied in practice, will support improvement in outcomes in their patients.

The program features local, regional and national level experts who will discuss current “hot topics” and will emphasize the practical impact of this information for the practicing otolaryngologist–head & neck surgeon. Presenters across multiple disciplines will describe a complete approach to patient care. Each session will include an opportunity for audience participation. Active participants will gain knowledge that will support improvement of outcomes in their patients.

EDUCATIONAL OBJECTIVES

At the conclusion of the head and neck endocrine surgery session, participants should be better able to:

- Discuss the changes in the American Thyroid Association Guidelines and the evidence behind the new recommendations.
- State the latest advances in adjuvant therapy for thyroid cancer.
- Recognize the indications for radioactive iodine.
- Describe advances in management of postoperative calcium levels.
- Discuss recent advances in imaging and the role of 4D CT and ultrasound for localizing parathyroid adenomas.

At the conclusion of the laryngology session, participants should be better able to:

- Describe the indications and patient selection for microlaryngeal surgery.
- Discuss the role of speech-language pathologists in caring for patients with voice and swallowing disorders.
- Recognize the spectrum of options for managing laryngotracheal stenosis including in-office procedures, endoscopic surgery, and open surgery.
- Identify the spectrum of options for managing dysphagia including in-office procedures, endoscopic surgery, and open surgery.
- Discuss the neurologic basis of voice and swallowing disorders.

THE 39th ANNUAL FITZ-HUGH SYMPOSIUM

Contemporary Management & Cutting-Edge Advances in Otolaryngology – Head & Neck Surgery

THURSDAY, JUNE 18, 2015

2:00-5:00	Resident presentations (10 minutes each)	Moderator: Mark Jameson, MD, PhD
2:00-2:50	4 presentations	
2:50-3:00	BREAK	
3:00-3:50	4 presentations	
3:50-4:00	BREAK	
4:00-4:50	4 presentations	
4:50-5:00	Presentation Scoring Meeting (Department Faculty and Guests)	
5:15-6:30	RECEPTION - Departmental Wing, Hospital West (Rooms 2741-2750)	

FRIDAY, JUNE 19, 2015

Time	Topic	Speaker
7:30-8:00	Registration & Breakfast (provided). Exhibitors available	
8:00-8:05	Welcome	Paul Levine, MD
8:05-12:15	LARYNGOLOGY	Moderator: James Daniero, MD
8:05-9:00	Microalaryngeal Surgery: Past, Present, and Future	C. Gaelyn Garrett, MD
9:00-9:45	New Paradigms in the Management of Laryngotracheal Stenosis	James Daniero, MD
9:45-10:15	Break with Exhibitors	
10:15-10:45	The Neurologic Basis of Voice and Swallowing Disorders	Christy Ludlow, PhD
10:45-11:30	SLP Care of Otolaryngology Patients: Inside the black box	Moderator: James Daniero, MD Panelists: Joanna Lott M.S. CCC-SLP, Holly Hess M.S. CCC- SLP, Carla Gress Sc.D. CCC-SLP Catherine Rees Lintzenich, MD
11:30-12:15	Contemporary Management of Dysphagia	
12:15-1:00	LUNCH (provided). Exhibitors available	
1:00-5:30	ENDOCRINE SURGERY OF THE HEAD AND NECK	Moderator: David Shonka, MD
1:00-1:15	Evaluation of a Thyroid Nodule	Chris McCartney, MD
1:15-1:45	Updates on American Thyroid Association Guidelines	David Steward, MD
1:45-2:00	Tips for Challenging Thyroid Operations	Paul Levine, MD
2:00-2:15	Thyroid Cancer: Adjuvant Therapy and Follow-up	Zhenqi Liu, MD
2:15-2:30	Radioactive Iodine for Benign and Malignant Thyroid Disorders	Patrice Rehm, MD
2:30-3:15	Panel: Management of Thyroid Cancer	Moderator: David Shonka, MD Panelists: Drs. Jameson, Levine, Liu, McCartney, Rhem, Steward
3:15-3:45	Break with Exhibitors	
3:45-4:00	Management of the Recurrent Nerve and Postoperative Calcium	David Shonka, MD
4:00-4:15	How to Read a 4D Parathyroid CT	Sugoto Mukherjee, MD
4:15-4:45	Primary Hyperparathyroidism: Evaluation and Surgery	David Steward, MD
4:45-5:00	Familial Hyperparathyroidism and MEN Syndromes	Alan Dalkin, MD
5:00-5:30	Panel: Challenges in Hyperparathyroidism	Moderator: David Shonka, MD Panelists: Drs. Dalkin, Steward, Levine
5:30	Adjourn	

Special emphasis on laryngology and head and neck endocrine surgery

Saturday, June 20, 2015

Time	Topic	Speaker
8:00-10:00	HANDS-ON ULTRASOUND COURSE	
8:00-8:15	Thyroid and Parathyroid Ultrasound	Rachita Khot, MD
8:15-8:30	Incorporating Ultrasound into a Surgical Practice	David Steward, MD
8:30-10:00	Hands-On Ultrasound	Facilitators: Drs. Khot, Liu, McCartney, Steward, Shonka
	Thyroid and Parathyroid Ultrasound, Ultrasound FNA	
10:00-12:00	HANDS-ON LARYNGOLOGY PROCEDURES	
10:00-12:00	Injection Augmentation workshop	Facilitators: Drs. Daniero, Garrett
	Cadaver larynx vocal fold injection approaches	

REGISTRATION & FEES

The registration fee provides admittance to the Friday and Saturday educational programs, breakfast and breaks, and the exhibitor tables for all registrants. Guests are welcome to attend the banquet for an additional fee.

To register, please visit www.cmevillage.com

Physicians.....	\$350*
Other HCP.....	\$100*
Residents.....	\$75*
Lab.....	\$200**
Banquet.....	\$100

**Does NOT include lab or banquet*

***MUST be registered for lecture to register for lab; the lab will be limited to 30 participants*

CONTACT INFORMATION

For questions, please contact the Program Manager, Tricia Wilson, triciawilson@virginia.edu, in the Office of Continuing Medical Education.

CONFIRMATION & CANCELLATION POLICY

Upon receipt of registration and payment, you will receive an email confirmation.

Registration fees will be refunded (less a \$50 administrative fee) for written cancellations (emails and faxed requests are acceptable) received a minimum of 14 days prior to the activity date. No refunds will be granted for registration fees of less than \$50 or for cancellations made within 13 days of the activity.

The University of Virginia School of Medicine reserves the right to cancel CME activities if necessary. In this case, the entire registration fee will be refunded. All other expenses incurred in conjunction with this CME activity are the sole responsibility of the participant.

DISCLOSURE OF FACULTY FINANCIAL AFFILIATIONS

The University of Virginia School of Medicine, as an ACCME accredited provider, endorses and strives to comply with the Accreditation Council for Continuing Medical Education (ACCME) Standards of Commercial Support, Commonwealth of Virginia statutes, University of Virginia policies and procedures, and associated federal and private regulations and guidelines on the need for disclosure and monitoring of proprietary and financial interests that may affect the scientific integrity and balance of content delivered in continuing medical education activities under our auspices.

The University of Virginia School of Medicine requires that all CME activities accredited through this institution be developed independently and be scientifically rigorous, balanced and objective in the presentation/discussion of its content, theories and practices.

All faculty presenters participating in an accredited CME activity are expected to disclose relevant financial relationships with commercial entities occurring within the past 12 months (such as grants or research support, employee, consultant, stock holder, member of speakers bureau, etc.). The University of Virginia School of Medicine will employ appropriate mechanisms to resolve potential conflicts of interest to maintain the standards of fair and balanced education to the participant. Questions about specific strategies can be directed to the Office of Continuing Medical Education, University of Virginia School of Medicine, Charlottesville, Virginia.

The faculty and staff of the University of Virginia Office of Continuing Medical Education have no financial affiliations to disclose.

DISCLOSURE OF DISCUSSION OF NON FDA-APPROVED USES FOR PHARMACEUTICAL PRODUCTS AND/OR MEDICAL DEVICES

The University of Virginia School of Medicine, as an ACCME provider, requires that all faculty presenters identify and disclose any off-label uses for pharmaceutical and medical device products. The University of Virginia School of Medicine recommends that each physician fully review all the available data on new products or procedures prior to clinical use.

COURSE DIRECTORS

James J. Daniero, MD

Department of Otolaryngology – Head & Neck Surgery

David C. Shonka, Jr., MD

Department of Otolaryngology –

Head & Neck Surgery

GUESTS OF HONOR

C. Gaelyn Garrett, MD

Otolaryngology

Vanderbilt Voice Center

David L. Steward, MD

Otolaryngology

UC Neuroscience Center

FACULTY LIST

James Madison University

Christy Ludlow, PhD

Riverside Regional Medical Center

Catherine Rees Lintzenich, MD

University of Virginia Health System

Alan Dalkin, MD

Carla Gress, ScD, CCC-SLP

Holly Hess, MS, CCC-SLP

Mark Jameson, MD, PhD

Paul Levine, MD, FACS

Rachita Khot, MD

Zhenqi Liu, MD

Joanna Lott, MA, CCC-SLP

Chris McCartney, MD

Sugoto Mukherjee, MD

Patrice Rehm, MD

Direct Sponsorship Accreditation and Designation Statement

The University of Virginia School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

The University of Virginia School of Medicine designates this live activity for a maximum of 12 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Continuing Education Credit

The University of Virginia School of Medicine awards 12 hours of participation to each non-physician participant who successfully completes this educational activity. The University of Virginia School of Medicine maintains a permanent record of participants who have been awarded hours of participation.

Attendance

The University of Virginia Office of Continuing Medical Education requires that all participants at live CME activities sign attendance sheets daily to confirm participation in the CME activity for that day. Participants are responsible for accurately tracking their actual participation at live events.

Location

This course will be held in the Jordan Hall Conference Center at the University of Virginia Health Sciences Center. The Jordan Hall Conference Center is located on Lane Road, off Jefferson Park Avenue.

Parking

Conference parking for activities at the UVA Health System is RESTRICTED to the 14th Street Parking Garage. The Medical Center garages are for patients ONLY. The CME office is unable to reimburse conference attendees for parking. For more information about parking, please visit our website at www.cmevillage.com.

Accommodations

Rooms have been reserved at the Courtyard by Marriott University/Medical Center (434-977-1700) and will be available on a first-come, first-serve basis. Attendees should make reservations using the group name “Fitz-Hugh Symposium” to receive the discounted rate. Please make your reservation at least 30 days prior to the conference.

Special Needs

The Americans with Disabilities Act of 1990 requires that all individuals, regardless of their disabilities, have equal access. The Office of Continuing Medical Education at the University of Virginia School of Medicine is pleased to assist participants with special needs. Written requests must be received 30 days prior to the conference date. These should be mailed to UVA Office of Continuing Medical Education, Box 800711, Charlottesville, VA 22908 or to uvacme@virginia.edu. Some of the conference venues used by the University of Virginia Office of Continuing Medical Education are registered historic properties and may not be fully ADA accessible. Please feel free to contact the facility if you have specific questions.