

The 41st Annual Fitz-Hugh Symposium:

## **Contemporary Management & Cutting-Edge Advances in Otolaryngology – Head & Neck Surgery**

*Special Emphasis on:*

**Chronic Ear Disease, Vestibular Disorders, and a  
Multidisciplinary Approach to Chronic Rhinosinusitis**

Pinn Hall Conference Center: University of Virginia Health System, Charlottesville, VA



**June 16, 2017 8:00am-5:30pm**

Provided by: **University of Virginia School of Medicine**  
**The Office of Continuing Medical Education**

## Course Overview

Presenters across multiple disciplines will provide a complete approach to the care of patients with rhinosinusitis, otologic disease, and vestibular pathology. This symposium is designed to update the attendee regarding gaps that exist given new advances, multidisciplinary team approaches, and treatment paradigms. Panel discussions will allow for discussion of frequently encountered problems along with more complex cases, and each session will allow for audience participation.

**Rhinology, Allergy and Immunology:** In depth review of the evolution over recent years of the pathophysiology of inflammatory sinonasal disease, and the most up to date practices in the primary practice setting. Earlier involvement of specialists such as allergists and immunologists will allow for tailored comprehensive therapy addressing the underlying inflammatory disease, and provide multi-disciplinary, optimal patient management. Experts will discuss the most up to date recommendations for effective and safe use of balloon sinuplasty and other office-based techniques. Appropriate patient selection and outcomes of endoscopic sinus surgery will be examined.

**Otology, Vestibular:** Provide pearls for extracting useful information from the patient history and tips for examination techniques which will help identify patients with true vestibular disorders from those with non-vestibular pathology. An update on recently released recommendations from our Academy (AAO) for the treatments of tinnitus will be outlined by our guest speakers including treatments which can easily be implemented by primary providers. The chronic otomastoiditis patient will be discussed, with techniques for safe medical and surgical management of these patients being highlighted.

**Target Audience:** This course is designed to meet the educational needs of health professionals involved in the management of rhinosinusitis along with otologic and vestibular disease. This includes a broad audience of otolaryngologists, allergists and immunologists, neurologists, audiologists, internists, primary care providers, nurses, nurse practitioners, and other allied health providers.

## Submissions

Attendees are encouraged to submit case studies of specific questions to be addressed during conference. Please submit cases/questions to [mw2ct@virginia.edu](mailto:mw2ct@virginia.edu) before **June 1, 2017**.

## Accreditation and Designation Statement

The University of Virginia School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

The University of Virginia School of Medicine designates this live activity for a maximum of **8.5 AMA PRA Category 1 Credits.<sup>™</sup>** Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The University of Virginia School of Medicine awards **8.5 hours of participation** (equivalent to **AMA PRA Category 1 Credits.<sup>™</sup>**) to each non-physician participant who successfully completes this educational activity. The University of Virginia School of Medicine maintains a record of participation for six (6) years.

## Confirmation & Cancellation Policy

Please visit FAQ's at [www.cmevillage.com](http://www.cmevillage.com) for information.

## Educational Objectives

*At the conclusion of the rhinosinitis/allergy and immunology section, participants should be able to:*

- Identify the pathophysiology of chronic rhinosinitis
- Manage medical and surgical treatment of CRS along with appropriate patient selection for each
- Explain the role of immunodeficiency in the development of CRS and appropriate selection of patients for immunotherapy
- Recognize recent advances in office-based management of rhinosinitis including balloon sinuplasty
- Summarize the pathophysiology of aspirin exacerbated respiratory disease and discuss most up to date recommendations for management
- Debate pros and cons for endoscopic resection of sinonasal tumors

*At the conclusion of the otology/vestibular section, participants should be able to:*

- State the key history and physical examination findings for common balance disorders
- Differentiate treatment strategies for balance disorders and know when to refer a patient for vestibular therapy
- Explain the most up to date understanding of tinnitus and strategies for management
- Debate the challenges in managing chronic otomastoiditis
- Identify multiple types of tympanostomy tubes and understand appropriate uses for each
- Recognize otologic surgical complications and strategies for prevention

## Registration Fees

Register online at [www.cmevillage.com](http://www.cmevillage.com), click Conferences and Symposia.

*Pre-registration will close on June 9, 2017 after which time walk-in rates will apply.*

Physicians .....	\$300.00	.....	Walk-in: \$350.00
Other HCP (includes residents, fellows, students from other institutions) ...	\$100.00	.....	Walk-in: \$150.00
UVA Department of Otolaryngology .....	no charge with pre-registration.	.....	Walk-in \$150.00
Cocktail Reception and Banquet: .....	\$100.00 per person		

*Saturday, June 17th at the Abbott Center Dining Room at the Darden School*

**Golf at Birdwood Golf Course:** .....\$75.00 per person

*\*\*Please register early as there are only 24 spots available*

## Parking and Location

Parking is available at the 14th Street garage on Wertland St. right behind the Graduate Hotel. All Medical Center parking garages are for patients and their guests only.

Pinn Hall Conference Center (formerly Jordan Hall) is located on Jefferson Park Avenue adjacent to the Claude Moore Health Sciences library. The Conference Center can be accessed from entrance on Jefferson Park Ave.

## Accommodations

Rooms have been reserved at the Residence Inn Downtown (434-220-0075) and will be available on a first-come, first-serve basis. Attendees should make reservations using the group name "Fitz-Hugh Symposium" by June 15th to receive the discounted rate of \$239.00/night. **Book your group rate for UVA Cont Medical Education.**

## Agenda

The University of Virginia Otolaryngology residents will present research updates in a variety of both clinical and basic science endeavors that span the breadth of the field. Presentations will be taking place on **June 15th from 2:00-5:00pm** in the Riggs Auditorium.

### Friday, June 16, 2017

7:00- 8:00	Registration with Refreshments
8:00-8:05	<b>Introduction and Welcome</b> Dr. Paul Levine
8:05-8:30	<b>CRS: Endotypes and Biologic Treatments</b> Dr. Jose Gurrola
8:30-8:55	<b>Immunodeficiency and CRS</b> Dr. Monica Lawrence
8:55-9:25	<b>Office Based Rhinology</b> Dr. Peter Hwang
9:25-10:05	<b>The Minimal Disease Patient</b> Panel
10:05-10:20	Break – Exhibit Hall Open
10:20 –10:45	<b>AERD</b> Dr. Spencer Payne
10:45-11:15	<b>Endoscopic Resection of Sinonasal Tumors</b> Dr. Peter Hwang
11:15-12:00	<b>Maximal Disease-Maximal Therapy-Audience Cases</b> Panel
12:00-12:55	Lunch (provided) – Exhibit Hall Open
1:00-1:05	<b>Faculty Introduction</b> Dr. Katherine Fedder
1:05-1:30	<b>Prevention/Management of Complications in Ear Surgery</b> Dr. Patrick Antonelli
1:30-1:55	<b>Management of the Draining Ear</b> Dr. George Hashisaki
1:55-2:20	<b>Tympanostomy Tube: Selection and Guidelines</b> Dr. Bradley Kesser
2:20-3:05	<b>Chronic Ear Disease Panel- Audience Cases</b> Panel
3:05-3:20	Break – Exhibit Hall Open
3:20-3:35	<b>Meniere's Disease: Evolving Treatment Options</b> Dr. John Mason
3:35-3:50	<b>Tinnitus Update 2017</b> Dr. Patrick Antonelli
3:50-4:05	<b>Examination of the Dizzy Patient</b> Dr. Bradley Kesser
4:05-5:00	<b>Vestibular Disease Panel with Case Examples</b> Panel

\*order of agenda subject to change | \*\*Syllabus will be provided online only, at [www.cmevillage.com](http://www.cmevillage.com)

**Join us for a round of golf at Birdwood Golf Course!** Golfing will begin on Saturday, **June 17th**, promptly at 9am. The cost is \$75.00 per person, club rentals are an additional \$45 .00 onsite. Please register early, as there are only 24 spots on a first come, first serve bases. Please note, this is not part of the CME education activity.

**This year's banquet will be held on Saturday, June 17th, 6:00pm** at the Abbot Center Dining Hall at the Darden School.

## Faculty

### COURSE DIRECTORS

**Katherine L. Fedder, MD**

Assistant Professor of Otolaryngology – Head and Neck Surgery

### GUESTS OF HONOR

**Patrick J. Antonelli, MD, M.S., F.A.C.S.**

George T. Singelton Professor and Chair  
Department of Otolaryngology, University of Florida

**Peter H. Hwang, MD**

Professor of Otolaryngology Head and Neck Surgery and by courtesy, of  
Neurosurgery at the Stanford University Medical Center Stanford University

### UNIVERSITY OF VIRGINIA COURSE FACULTY

**\*Paul A. Levine, MD, FACS**

Robert W. Cantrell Professor of Otolaryngology-Head and Neck Surgery

**Jose G. Gurrola II, MD**

Assistant Professor of Otolaryngology – Head and Neck Surgery

**George T. Hashisaki, MD**

Associate Professor of Otolaryngology – Head and Neck Surgery

**Bradley W. Kesser, MD**

Professor of Otolaryngology – Head and Neck Surgery

**Monica G. Lawrence, MD**

Assistant Professor of Medicine, Allergy and Immunology

**Spencer C. Payne, MD**

Associate Professor of Otolaryngology – Head and Neck Surgery

**John C. Mason, MD**

Associate Professor of Otolaryngology - Head and Neck Surgery

**Larry Borish, MD**

Professor of Medicine, Allergy and Immunology

### Contact Information

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