

THE UNIVERSITY OF VIRGINIA CHILDREN'S HOSPITAL & THE TEEN AND YOUNG ADULT HEALTH CENTER  
PRESENT

9TH TEEN CULTURE CONFERENCE  
**MARS VS. VENUS: GENDER ISSUES  
IN ADOLESCENT HEALTH**

October 12, 2015 • Alumni Hall • Charlottesville, Virginia



School of Medicine

SPONSORED BY  
OFFICE OF CONTINUING MEDICAL EDUCATION

9TH TEEN CULTURE CONFERENCE  
**MARS VS. VENUS: GENDER ISSUES  
IN ADOLESCENT HEALTH**

**AGENDA**

8:00-8:45 am	REGISTRATION & BREAKFAST
8:45-9:00 am	<b>Welcome and Overview of Teen Culture</b> <i>Dyan Aretakis, FNP, MSN; Mary Sullivan, MEd</i>
9:00-10:00 am	<b>Key Note: Alcohol, other drugs and the developing adolescent brain - What do we know about gender differences?</b> <i>Aaron M White, PhD; National Institutes of Health</i>
10:00-10:15 am	Questions & Answers/Comments
10:15-10:30 am	BREAK & EXHIBITS
10:30-11:00 am	<b>Eating disorders in adolescent boys and young men</b> <i>Richard J Chung, MD</i>
11:00-11:45 am	<b>Protecting our young – raising young men of color in a culture of profiling</b> <i>Brian E Gittens, EdD</i>
11:45 am-12:15 pm	<b>Incarceration in adolescence and meeting health care needs</b> <i>Steve North, MD</i>
12:15-12:30 pm	Questions & Answers/Comments
12:30 to 1:15 pm	LUNCH (provided)
1:15- 2:15 pm	<b>Identity: Who am I and who will I love?</b> <i>Brock Libby, MD; Christine Burt Solorzano, MD; Nancy McLaren, MD</i>
2:15-2:30 pm	Questions & Answers/Comments
2:30-2:45 pm	BREAK & EXHIBITS
2:45-3:15 pm	<b>The evolving allure of substance use among teens: E cigarettes and beyond</b> <i>Amy Barkley</i>
3:15-4:00 pm	<b>The quest to belong: gangs and human trafficking</b> <i>Bill Woolf, Detective</i>
4:00-4:30 pm	<b>Aliens to zombies: the complete guide to preventing paternity in adolescence</b> <i>Julia F Taylor, MD</i>
4:30-5:00 pm	Questions & Answers/Comments
5:00 pm	ADJOURN



*UVA Children's Hospital  
Battle Building*

## **COURSE OVERVIEW**

This biennial one-day conference is for professionals who care for and about teenagers and young adults. This includes educators, nurses, counselors, physicians, clergy and social workers. This year's conference will focus on gender issues in adolescent health.

## **EDUCATIONAL OBJECTIVES**

*At the conclusion of the activity, participants should be able to:*

- 1) Identify the emerging challenges for young men and their health care needs and how it differs from young women.
- 2) Understand the background factors and future impact of gender in behavioral health issues.
- 3) Explore interventions for improving physical, sexual and mental health specific to young men vs young women.

## **LODGING**

A small block of rooms has been reserved for course participants at The Cavalier Inn conveniently located within walking distance of UVA Alumni Hall. Please call (434) 296-8111 for reservations prior to September 11, 2015 and identify yourself as a participant of the UVA Teen Culture Conference to receive the preferred rate of \$103 (plus taxes) per night for single/double occupancy. Lodging rates are subject to local and state taxes in addition to the published rate.

## **ACCREDITATION DESIGNATION**

The University of Virginia School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

The University of Virginia School of Medicine designates this live activity for a maximum of 7 AMA PRA Category 1 Credits.TM Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The University of Virginia School of Medicine awards 7 hours of participation (equivalent to AMA PRA Category 1 Credits.TM ) to each non-physician participant who successfully completes this educational activity. The University of Virginia School of Medicine maintains a permanent record of participation for six (6) years.



### **LOCATION & PARKING**

This conference is being held at UVA Alumni Hall in Charlottesville, Virginia. The GPS address is 211 Emmet Street. For more information about Charlottesville, please visit [www.visitcharlottesville.org](http://www.visitcharlottesville.org)

Parking is available at the Newcomb Hall Parking Garage, located across the street from Alumni Hall, and will be validated for conference participants.



### **CONTACT INFORMATION**

*For more information, please contact:*

**Dyan Aretakis, FNP, MSN • (434) 982-0090 or [Teenhealth@virginia.edu](mailto:Teenhealth@virginia.edu)**

*Visit:* [www.teencultureconference.com](http://www.teencultureconference.com)

*For CME-related questions, please contact:* **Tammy Rogers at [trogers@virginia.edu](mailto:trogers@virginia.edu)**

*Visit:* [www.cmevillage.com](http://www.cmevillage.com)



## **CONFERENCE PLANNING COMMITTEE**

**Dyan Aretakis, FNP, MSN**

Project Director and Course Director  
UVA Teen and Young Adult Health Center, Charlottesville, Virginia

**Heather Payne, WHNP, MS**

UVA Teen and Young Adult Health Center, Charlottesville, Virginia

**Mary Sullivan, MEd**

Teen Pregnancy and STD Prevention Coordinator  
Program Director of Community Programs  
UVA Teen and Young Adult Health Center, Charlottesville, Virginia

**Nancy McLaren, MD**

UVA Teen and Young Adult Health Center, Charlottesville, Virginia

## **CONFERENCE FACULTY**

**Amy Barkley**

Director, Campaign for Tobacco Free Kids; Tobacco States and Mid-Atlantic Region

**Richard J Chung, MD**

Director of Adolescent Medicine; Medical Director, Duke Center for Eating Disorders

**Brian E Gittens, EdD**

Director of Diversity Initiatives; UVA School of Medicine

**Brock Libby, MD**

Chief Resident; UVA Department of Pediatrics

**Nancy M McLaren, MD**

Assistant Professor of Pediatrics; Medical Director, Teen & Young Adult Health Center;  
UVA Department of Pediatrics

**Steve North, MD**

Medical Director of Outpatient Telemedicine, Bakersville Community Medical Clinic  
(Bakersville, North Carolina)

**Christine Burt Solorzano, MD**

Associate Professor of Pediatrics; UVA Division of Endocrinology & Diabetes

**Julia Taylor, MD**

Associate Professor of Pediatrics; UVA Division of Adolescent Medicine

**Aaron White, PhD**

Senior Scientific Advisor to the Director, National Institutes on Alcohol Abuse and  
Alcoholism; National Institutes of Health.

**Bill Woolf, Detective**

Northern Virginia Human Trafficking Task Force; Fairfax County Police Department

## **REGISTRATION**

Registration is available online only. To register, please visit our website at [www.cmevillage.com](http://www.cmevillage.com), then click on "Conferences & Symposia."

The registration fee is \$130 for physicians, \$85 for other professionals.