

**April 11-14, 2019**

Omni Hotel  
Charlottesville, VA



**KEYNOTE  
ADDRESS:**

**What an Adult Obesity  
Specialist Wishes All  
Pediatricians and  
Parents Knew**

**Holly Wyatt, MD**



Provided by the Office of Continuing Medical Education of the  
University of Virginia School of Medicine

**OBJECTIVES**

**As a result of participation in the conference, attendees will be able to:**

- Describe current issues in newborn screening, pediatric nutrition, obesity management and prevention, and skin infestations.
- Apply current thinking in the management of childhood epilepsy, common pediatric eye disorders, and pediatric concussion.
- Utilize the latest clinical guidelines for the diagnosis, treatment, or referrals for suspected non-accidental trauma, gait disorders, common pediatric surgical conditions, and pre-participation sports physicals.
- Discuss the latest trends in child health advocacy, pediatric Lyme disease, and the past year's pediatric literature.
- Identify child public health issues being addressed at the national, state, and local levels such as value-based care, food insecurity, and care for the immigrant population.
- Apply techniques to cope with issues related to cerebral palsy, hematologic abnormalities, and adolescent mental health.



# BIRDSONG 2019 AGENDA

## Thursday, April 11

- 8:00-5:00pm **Pediatric Advanced Life Support Recertification**  
UVA Life Support Learning Center (*Prior registration and additional fee is required*)
- 3:00-6:00pm **Conference Registration**  
The Omni Charlottesville



## Friday, April 12

- 7:00-7:45am **Breakfast** in the Exhibit Area—Coffee & Tea available throughout meeting
- 7:45-7:50am **Introduction and Welcome**  
Moderator: James P. Nataro, MD, PhD, MBA, Chair, Department of Pediatrics
- 7:50-8:20am **Updates in Pediatric Hospital Medicine**  
Joanne Mendoza, MD
- 8:20-8:50am **Anemia Screening and Management in Infants and Children**  
Colleen Druzgal, MD
- 8:50-9:00am **Yoga for Clinicians**  
Ina Stephens, MD
- 9:00-9:30am **Tips & Tricks: Common Ophthalmologic Conditions for the General Practitioner**  
Christian Carter, MD
- 9:30-9:50am **Update from the AAP: Value-Based Care, Caring for the Immigrant Population, and Food Insecurity**  
Sandy Chung, MD, FAAP, FACHE; AAP VA Chapter President
- 9:50-10:10am **Break** with Refreshments in the Exhibit Area
- 10:10-10:40am **Cerebral Palsy for the Primary Care Provider: Birth to Adult**  
Richard Stevenson, MD
- 10:40-11:10am **Preventing & Managing “Endless Adolescence”**  
Claudia Allen, JD, PhD and Joseph P Allen, PhD
- 11:10-12:00pm **Annual McLemore Birdsong Lecture**  
Recognition of and Treatment for Suspected Child Maltreatment  
Michelle Clayton, MD, MPH, FAAP
- 12:00-12:10pm **Break** to move to Workshops
- 12:10-1:00pm **WORKSHOP #1**  
1. Detecting and Managing Anemia  
2. Recognizing and Managing Ophthalmologic Concerns  
3. The Pediatrician as Child Health Advocate  
4. Cerebral Palsy for the PCP Case Discussions  
5. “Endless Adolescence” Workshop  
6. Recognition and Management of Child Abuse Cases
- 1:00pm **Adjourn**—Lunch on own
- 1:30-5:30pm **Neonatal Resuscitation Program**  
UVA Life Support Learning Center  
*Prior registration and additional fee is required*
- 1:30-3:30pm **Maintenance of Certification part 2 Workshop**  
Kenneth Norwood, MD  
*Prior registration, additional fee, and pre-work are required; Box lunch is included*
- 4:00-6:00pm **Poster Session & Reception**  
Honoring UVA Alumni and Birdsong Faculty  
The Omni Charlottesville Lobby



## Saturday, April 13

- 7:00-7:45am **Breakfast** in the Exhibit Area—Coffee & Tea available throughout meeting
- 7:45-7:50am **Welcome Back & Announcements**  
Moderator: Ann Kellams, MD, IBCLC, Vice Chair for Clinical Affairs, Conference Co-Chair
- 7:50-8:20am **State of the Art Seizure Management**  
J. Nicholas Brenton, MD
- 8:20-8:50am **The “Ins and Outs” of Sports Physicals**  
B. Kent Diduch, MD
- 8:50-9:00am **Yoga for Clinicians**  
Ina Stephens, MD
- 9:00-9:45am **Pediatric Pearl Session: Tips and Tricks from Treasured Faculty**  
Assorted Birdsong Faculty
- 9:45-10:35am **Office Management of Pediatric Concussions**  
Donna Broshek, PhD, ABPP-CN
- 10:35-10:55am **Break** with Refreshments in the Exhibit Area  
*Sponsored by the AAP, Virginia Chapter*
- 10:55-11:45am **WORKSHOP #2**  
7. Hands-on Tracheostomy and Gastrostomy Care and Emergency Preparedness  
8. Cases in Pediatric Concussion  
9. Practice in Providing Care and Support in the LGBTQ Population  
10. Hands on Sports Physical Practice  
11. Pediatric Seizure Scenarios  
12. Interpreting Pediatric EKG's
- 11:45-11:55am **Break** to return to ballroom
- Annual Family and Community Session**  
*Prior registration required for family members or guests attending*
- 11:55-12pm **AAP Virginia Chapter Raffle**  
James Nataro, MD, PhD, MBA
- 12-12:45pm **First Annual Dyan Aretakis Memorial Adolescent Medicine Lecture: Supporting Children Who Come Out (and Their Families)**  
Mary Sullivan, MEd
- 12:45-1:20pm **Lice, Scabies, and Bedbugs: What You Are Itching to Know**  
Gregory F. Hayden, MD
- 1:20pm **Adjourn**—Lunch on own



# BIRDSONG 2019 AGENDA

## Sunday, April 14

- 7:00-8:00am **Breakfast** in the Exhibit Area—Coffee & Tea available throughout meeting
- 8:00-8:50am **WORKSHOP #3**
13. Cases in Pediatric Concussion
  14. Frontline Musculoskeletal Complaints in Pediatrics: Case Reviews
  15. Practice in Providing Care and Support in the LGBTQ Population
  16. Hands-on Tracheostomy and Gastrostomy Care and Emergency Preparedness
  17. Newborn Screening Cases
  18. Pediatric Infectious Disease Cases
- 8:50-8:55am **Welcome Back & Announcements**  
Moderator: Kenneth Norwood, MD
- 8:55-9:05am **Yoga for Clinicians**  
Ina Stephens, MD
- 9:05-9:35am **Top Ten Pediatric Articles of the Year**  
Rachel Moon, MD
- 9:35-9:50am **Break** with Refreshments in the Exhibit Area
- 9:50-10:20am **Triaging and Managing Abnormal Newborn Screen Results**  
Jennifer Humberson, MD, FACMG
- 10:20-10:50am **The 4th Annual J. Owen Hendley “Hot Topics in Pediatric Infectious Disease” Memorial Lecture: Manifestations and Management of Lyme Disease in Children**  
Debbie-Ann Shirley, MD
- 10:50-11:40am **KEYNOTE ADDRESS: What an Adult Obesity Specialist Wishes All Pediatricians and Parents Knew by Holly Wyatt, MD**
- 11:40-11:45am **Raffle**
- 11:45-12:35pm **WORKSHOP #4**
19. Frontline Musculoskeletal Complaints in Pediatrics: Case Reviews
  20. Pediatric Surgical Cases
  21. Newborn Screening Cases
  22. Pediatric Infectious Disease Cases
  23. Interpreting Pediatric EKG's
  24. Obesity Management Strategies
- 12:35-12:45pm **Wrap-Up and Evaluations**
- 12:45pm **Adjourn**—Lunch on own

## Conference Registration

Register and pay online at [www.cmevillage.com](http://www.cmevillage.com). Early Bird Discount available through **2/15/19**. Online registration closes on **3/31/19**. Early Bird pricing shown in parentheses.

- Physicians .....(\$495) \$545
- VA Chapter, AAP Members .....(\$395) \$445  
[www.virginiapediatrics.org](http://www.virginiapediatrics.org)
- Other Health Care, Residents, Fellows .....(\$345) \$395
- One Day Session .....\$275
- One Day VA Chapter, AAP Members .....\$225
- Maintenance of Certification Workshop ..... \$60  
(pre-registration required)
- Hard Copy of Syllabus (pre-order required)..... \$60
- Walk-in registration additional late fee .....\$100

Registration fee includes online syllabus and refreshments during sessions.



## Accreditation & Designation Statements

The University of Virginia School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

The University of Virginia School of Medicine designates this live activity for a maximum of **15.5 AMA PRA Category 1 Credits™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

The University of Virginia, as an accredited provider, awards 15.5 hours of participation (equivalent to *AMA Category 1 Credits™*) to each non-physician participant who successfully completes this educational activity. The University of Virginia School of Medicine maintains a record of participation for six (6) years.

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

This program is pending accreditation by the National Association of Pediatric Nurse Practitioners (NAPNAP) for NAPNAP CE contact hours.

## Cancellation Policy

Upon receipt of registration and payment, you will receive an email confirmation and EPay receipt. Registration fees will be refunded (less a \$50 administrative fee) for written email cancellations received a minimum of 14 days prior to the activity date. No refunds will be granted for registration fees of less than \$50 or for cancellations made within 13 days of the activity.

UVA School of Medicine reserves the right to cancel CE activities if necessary. In this case, the entire registration fee will be refunded. All other expenses incurred in conjunction with this CE activity are the sole responsibility of the participant.

## ABP Maintenance of Certification Part 2 Workshop

We are again excited to offer pediatricians the opportunity to earn 10 MOC Part 2 credits through a special Developmental-Behavioral Pediatrics Workshop under the direction of Kenneth Norwood, MD, an expert in children development and behavior. Preregistration, preparatory work, and an additional \$60 fee are required. Additional **2 AMA PRA Category 1 credits™** awarded. Box lunch included in fee.

American Academy of Pediatrics

DEDICATED TO THE HEALTH OF ALL CHILDREN™



Virginia Chapter

## Contact Information

Elizabeth Patterson, MEd  
CME Program Manager  
Office of Continuing Medical Education  
(434) 924-5310  
[epatterson@virginia.edu](mailto:epatterson@virginia.edu)



# 2018 Birdsong Faculty

## Guest & Featured Faculty

**Keynote Speaker: Holly Wyatt, MD**  
Associate Director, University of Colorado Anschutz Health and Wellness Center  
Associate Professor, CU School of Medicine, Division of Endocrinology

**Mark Abel, MD**  
Charles Frankel Professor, UVA Department of Orthopaedic Surgery; Vice-Chair for Faculty Development; Division Head, Pediatric Orthopaedics

**Claudia Allen, JD, PhD**  
Clinical Psychologist, Associate Professor; Director of Behavioral Science, UVA Department of Family Medicine

**Joseph P. Allen, PhD**  
Hugh P. Kelly Professor of Psychology, UVA Department of Psychology

**Donna Broshek, PhD, ABPP-CN**  
Clinical Neuropsychologist; John Edward Fowler Professor; Director, UVA Neurocognitive Assessment Lab; UVA Psychiatry & Neurobehavioral Sciences

**Christian Carter, MD**  
Albemarle Pediatric Ophthalmology and Strabismus; Assistant Professor of Ophthalmology; Visiting Assistant Professor of Pediatrics, UVA HS

**Sandy L. Chung, MD, FAAP, FACH**  
President, AAP-Virginia Chapter

**Michelle Clayton, MD, MPH, FAAP**  
Medical Director, Children's Hospital of The King's Daughters Child Abuse Program; Child Abuse Fellowship Program Director and Associate Professor of Pediatrics, Eastern Virginia Medical School

**B. Kent Diduch, MD**  
Associate Professor, Murphy Deming College of Health Sciences

**Mary Sullivan, MEd**  
UVA Teen and Young Adult Health Center, Adolescent Advocacy and Outreach Program Director

## About the Omni Hotel and Charlottesville

The Omni is located at the west end of Charlottesville's historic Downtown Mall, considered one of the finest urban parks in the country. The pedestrian mall is home to a vibrant collection of more than 120 shops, 30 local restaurants, and great entertainment venues. Rooms are available at a special nightly rate of \$255 + taxes/fees. Overnight parking is included. Call 1-800-THE-OMNI (1-800-843-6664) and mention the group code "Birdsong" or reserve online with this direct link. **Block closes on March 12, 2019.**

## PALS & NRP workshops

*Preregistration & additional fees required*

**1 The PALS Provider Renewal Course** is designed to provide participants with the information needed to recognize infants and children at risk for cardiopulmonary arrest, strategies to prevent arrest, and the cognitive and psychomotor skills needed to resuscitate and stabilize those in respiratory failure, shock, or cardiopulmonary arrest.

**April 11, 0730-1700** (\$150)

*Must have a current CPR card. The following course card is accepted: American Heart Assoc-Healthcare Provider (HCP)*  
Contact: Alice Offield, 434-982-1766, rpalsmailbox@hscmail.mcc.virginia.edu

**2 The Neonatal Resuscitation Program** teaches an evidence-based approach to the resuscitation of the newborn to hospital staff, including physicians, nurses, and respiratory therapists. NRP has two parts: the Part 1 (online module required) and the Instructor-led Event (in-person skills session).

**April 12, 1400-1800**

(\$150 includes online module & textbook)  
*Location: Life Support learning Center, 1222 Jefferson Park Ave, 5<sup>th</sup> floor, Rm 5603*  
Contact: Stephanie Black, 434-924-1765, lscl@hscmail.mcc.virginia.edu

## UVA Pediatric Faculty

**Susan Almarode, DNPc, APRN, NNP-BC**  
APN 3; Graduate Education and NNP Orientation Coordinator; Neonatal ICU Academic Clinical Coordinator, UVA School of Nursing

**Kristen Bray, RRT-NPS**  
Senior Respiratory Therapist, UVA Children's Hospital

**J. Nicholas Brenton, MD**  
Assistant Professor of Neurology & Pediatrics

**Peter Dean, MD**  
Assistant Professor of Pediatric Cardiology

**Colleen Druzgal, MD**  
Associate Professor of Pediatric Hematology/Oncology

**Jeffrey Gander, MD, FACS, FAAP**  
Assistant Professor of Surgery

**Gregory F. Hayden, MD**  
Professor Emeritus of Pediatrics

**Jennifer B. Humberson, MD, FACMG**  
Clinical Geneticist and Assistant Professor of Pediatrics

**Lisa Letzkus, PhD, RN, CPNP-AC**  
APN3; PSNO Director of Nursing Research; Academic Clinical Coordinator, Acute Care PNP program, UVA School of Nursing

**Daniel Levin, MD**  
Assistant Professor of Surgery

**Eugene McGahren**  
Chief, Division of Pediatric Surgery; Director Surgical Services; Professor Pediatric Surgery and Pediatrics

**Joanne Mendoza, MD, FAAP**  
Pediatric Hospitalist; Patient Safety and Quality Improvement Officer; Assistant Professor of Pediatrics

**Rachel Moon, MD**  
Division Head of General Pediatrics; Professor of Pediatrics

**James P. Nataro, MD, PhD, MBA**  
Benjamin Armistead Shepherd Professor and Chair; Department of Pediatrics

**James Plews-Ogan, MD, MS**  
Associate Professor of Pediatrics

**Sara Rasmussen, MD, PhD**  
Assistant Professor of Surgery

**Debbie-Ann Shirley, MD**  
Assistant Professor of Pediatric Infectious Diseases

**Ina Stephens, MD**  
Associate Professor of Pediatric Infectious Diseases

**Richard Stevenson, MD**  
Professor of Pediatrics; Chief, Division of UVA Developmental and Behavioral Pediatrics

## Planning Committee

**Elizabeth Patterson, MEd**  
CME Program Manager  
UVA Office of Continuing Medical Education

**Janie Nowicki**  
Medical Education Assistant, UVA Department of Pediatrics

## Course Directors

**Ann Kellams, MD, IBCLC**  
Associate Professor  
Vice Chair for Clinical Affairs

**Kenneth Norwood, MD**  
Professor of Developmental Pediatrics

**LOCAL  
EVENTS  
& INFO**

- ▶ **Tomtom Festival**
- ▶ **Visitors**
- ▶ **Events**