Recovery & Resilience for Patients and Families Impacted by Adversity: Trauma-Informed Care

Presented by the University of Virginia Department of Pediatrics

Provided by the Office of Continuing Medical Education, University of Virginia School of Medicine and University of Virginia School of Nursing Continuing Education

Registration is limited to the first 50

May 23, 2019

Program Overview

Recovery & Resilience for Patients and Families Impacted by Adversity: Trauma-Informed Care is a multidisciplinary, interprofessional, continuing education conference designed to help participants recognize the signs and symptoms of trauma in patients, families, and staff. It will teach how to respond by integrating knowledge about trauma into policies and practices, and will seek to actively prevent re-traumatization. This training program will bring together the science of the impact of childhood trauma on the brain with evidence-based strategies to best support families and patients and mitigate the effects of adverse childhood experiences.

Residence Inn | 315 Main St. | Charlottesville, VA

Educational Objectives

At the conclusion of this conference, participants should be able to:

1. Support greater awareness in the community about the widespread impact of trauma (adverse experiences).

2. Recognize the signs and symptoms of trauma in patients, families, and staff.

3. Incorporate trauma informed responses and practices into community systems and organizations.

4. Seek to actively prevent re-traumatization.

5. Recruit more Trauma Informed Care Network members with a focus on underrepresented disciplines: medical community, police, etc.

6. Prepare a coordinated response to community violence for future use, if needed.

Faculty and Planning Committee List

Diane Pappas, MD, JD Course Director Professor of Pediatrics & Director of Child Advocacy University of Virginia Health System

Kathleen Bunch Meneses, MS

Portfolio Manager, Continuing Medical Education University of Virginia Health System

Pamela Lace. MA Program Manager, Continuing Medical Education University of Virginia Health System

Eugene D. McGahren, MD Chief of Children's Surgical Services University of Virginia Health System

Sara Robinson, LPC **Guest Speaker Region Ten** Charlottesville, VA

Kathryn B. Reid, PhD, RN, FNP-C

Associate Professor of Nursing University of Virginia Health System

Korinne Van Keuren, NP

Director of Advanced Practice Providers University of Virginia Health System

Deborah Vinton, MD

Medical Director, Department of Emergency Medicine University of Virginia Health System

Richard J. Westphal, PhD, RN, FAAN

Chair of Department of Family, Community & Health System Mental Health Systems University of Virginia Health System

Registration

Registration and Electronic Payment available online at www.cmevillage.com

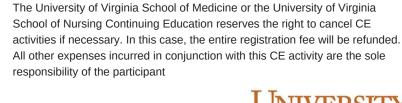
Registration Fees:

UVA Faculty and StaffFree

(please email Pamela Lace at psl5g@virginia.edu or Kathleen Bunch-Meneses at kathleen@virginia.edu for the discount code)

- All Others.....\$50 Onsite (space permitting).....\$100
- Registration closes at midnight on 05/15/19
- Complimentary parking available on-site
- Breakfast provided until 10:00am
- Coffee and water provided all day





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Confirmation & Cancellation Policy Upon receipt of registration and

payment, you will receive an email confirmation and EPay receipt. There will be no refunds granted for cancellation or failure to attend this conference.



Accreditation & Designation Statement

The University of Virginia School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

The University of Virginia School of Medicine designates this live activity for a maximum of **5.5** *AMA PRA Category* **1** *Credits.*[™] Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The University of Virginia School of Medicine and/or The University of Virginia School of Nursing Continuing Education, as accredited provider(s), awards **5.5 Hours of Participation** (consistent with the designated number of *AMA PRA Category 1 Credit*(s)[™] or ANCC contact hours) to participants who successfully completes this educational activity. The University of Virginia School of Medicine and/or The University of Virginia School of Nursing Continuing Education maintains a record of participation for six (6) years.

The University of Virginia School of Nursing Continuing Education (SONCE) is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

The University of Virginia SONCE awards **5.5 Contact Hours** for nurses who participate in *th*is educational activity and complete the post activity evaluation.

Contact Information

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Agenda

Thursday, May 23, 2019

- 9:00am 10:00am Registration and Breakfast
- 10:00am 12:00pm The N.E.A.R Science Module: Neuroscience Epigenetics The ACE Study
- **12:00pm 1:00pm** Lunch (on your own)
- 1:00pm 2:30pm Resilience The Brain States Model: Brain Stem: Survival/Safety Limbic System: Emotional/Connection Pre-frontal Cortex: Executive Function/Learning
- 2:30pm 3:45pm The R.O.L.E.S Module: Recognize Observe Label Elect Solve
- **3:45pm 4:30pm** Case Review and Discussion

4:30pm Adjourn