

Recovery & Resilience for Patients and Families Impacted by Adversity: Trauma-Informed Care

Presented by the University of Virginia Department of Pediatrics

Provided by the Office of Continuing Medical Education, University of Virginia School of Medicine and University of Virginia School of Nursing Continuing Education

Registration is limited to the first 50

May 23, 2019

Residence Inn | 315 Main St. | Charlottesville, VA

Program Overview

Recovery & Resilience for Patients and Families Impacted by Adversity: Trauma-Informed Care is a multidisciplinary, interprofessional, continuing education conference designed to help participants recognize the signs and symptoms of trauma in patients, families, and staff. It will teach how to respond by integrating knowledge about trauma into policies and practices, and will seek to actively prevent re-traumatization. This training program will bring together the science of the impact of childhood trauma on the brain with evidence-based strategies to best support families and patients and mitigate the effects of adverse childhood experiences.

Educational Objectives

At the conclusion of this conference, participants should be able to:

1. Support greater awareness in the community about the widespread impact of trauma (adverse experiences).
2. Recognize the signs and symptoms of trauma in patients, families, and staff.
3. Incorporate trauma informed responses and practices into community systems and organizations.
4. Seek to actively prevent re-traumatization.
5. Recruit more Trauma Informed Care Network members with a focus on underrepresented disciplines: medical community, police, etc.
6. Prepare a coordinated response to community violence for future use, if needed.

Faculty and Planning Committee List

Diane Pappas, MD, JD

Course Director

Professor of Pediatrics & Director of Child Advocacy
University of Virginia Health System

Kathleen Bunch Meneses, MS

Portfolio Manager, Continuing Medical Education
University of Virginia Health System

Pamela Lace, MA

Program Manager, Continuing Medical Education
University of Virginia Health System

Eugene D. McGahren, MD

Chief of Children's Surgical Services
University of Virginia Health System

Sara Robinson, LPC

Guest Speaker

Region Ten

Charlottesville, VA

Kathryn B. Reid, PhD, RN, FNP-C

Associate Professor of Nursing
University of Virginia Health System

Korinne Van Keuren, NP

Director of Advanced Practice Providers
University of Virginia Health System

Deborah Vinton, MD

Medical Director, Department of Emergency
Medicine University of Virginia Health System

Richard J. Westphal, PhD, RN, FAAN

Chair of Department of Family, Community &
Health System Mental Health Systems
University of Virginia Health System

Registration

Registration and Electronic Payment available online at www.cmevillage.com

Registration Fees:

UVA Faculty and StaffFree

(please email Pamela Lace at psl5g@virginia.edu or Kathleen Bunch-Meneses at kathleen@virginia.edu for the discount code)

All Others.....\$50

Onsite (space permitting).....\$100

- Registration closes at **midnight on 05/15/19**
- Complimentary parking available on-site
- Breakfast provided until 10:00am
- Coffee and water provided all day

Confirmation & Cancellation Policy Upon receipt of registration and payment, you will receive an email confirmation and EPay receipt. There will be no refunds granted for cancellation or failure to attend this conference. The University of Virginia School of Medicine or the University of Virginia School of Nursing Continuing Education reserves the right to cancel CE activities if necessary. In this case, the entire registration fee will be refunded. All other expenses incurred in conjunction with this CE activity are the sole responsibility of the participant

Accreditation & Designation Statement

The University of Virginia School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

The University of Virginia School of Medicine designates this live activity for a maximum of **5.5 AMA PRA Category 1 Credits**.™

Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The University of Virginia School of Medicine and/or The University of Virginia School of Nursing Continuing Education, as accredited provider(s), awards **5.5 Hours of Participation** (consistent with the designated number of *AMA PRA Category 1 Credit(s)*™ or ANCC contact hours) to participants who successfully completes this educational activity. The University of Virginia School of Medicine and/or The University of Virginia School of Nursing Continuing Education maintains a record of participation for six (6) years.

The University of Virginia School of Nursing Continuing Education (SONCE) is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

The University of Virginia SONCE awards **5.5 Contact Hours** for nurses who participate in *this* educational activity and complete the post activity evaluation.

Contact Information

Pamela Lace, MA, Program Manager
Office of Continuing Medical Education
psl5g@virginia.edu . 434-924-5310

Agenda

Thursday, May 23, 2019

- 9:00am - 10:00am** Registration and Breakfast
- 10:00am – 12:00pm** The N.E.A.R Science Module:
 Neuroscience
 Epigenetics
 The ACE Study
- 12:00pm – 1:00pm** *Lunch (on your own)*
- 1:00pm – 2:30pm** Resilience - The Brain States Model:
 Brain Stem: Survival/Safety
 Limbic System: Emotional/Connection
 Pre-frontal Cortex: Executive Function/Learning
- 2:30pm - 3:45pm** The R.O.L.E.S Module:
 Recognize
 Observe
 Label
 Elect
 Solve
- 3:45pm – 4:30pm** Case Review and Discussion
- 4:30pm** Adjourn