

# VIRTUAL

# June 24

**2021**

## **Kidney and Pancreas Transplantation and Living Donation Conference**

**Pre-registration required at: <http://tiny.cc/KidneyTx>  
Course available for 30 days.**



**UVA Health**

Provided by the University of Virginia School of Medicine and School of Nursing

# Program Overview & Practice Gaps

Kidney transplantation is the best option to restore quality of life for patients with end stage renal disease. Dialysis unit staff require relevant and accurate information regarding advances in kidney transplantation to appropriately educate patients in their dialysis units. Current regulatory mandates require that dialysis patients receive education regarding renal transplantation and opportunity for referral to a kidney transplant center of their choosing. Through partnership with dialysis unit staff, we are able to provide a consistent message about the lifesaving benefit of kidney transplantation, the best option for kidney transplant, which is living donation, and what patients will encounter as a part of their evaluation. This program will address these educational needs:

- Objective tools are important in determining what patients may be too high risk to undergo kidney transplant. Part of the evaluation process includes calculation of frailty, utilizing FRIED, a tested assessment tool. Keys to success include adequate nutrition and improved strength and endurance.
- Patients with ESRD are at increased risk of having severe illness associated with COVID. Heightened anxiety may cause potential transplant candidates to be reluctant to consider transplant evaluation and elective surgical procedures. Transplant staff receive frequent requests from our dialysis partners regarding recommendations for vaccination and navigating evaluation through COVID. Education, support and reassurance from health care providers is important.
- Discussion regarding a patient's candidacy for kidney transplant requires participation of the interprofessional team. Authentic debate frequently occurs and is an excellent learning opportunity.
- For some patients, returning to the dialysis unit after kidney transplant is a disappointing experience, even if graft function only delayed. Having an informed HCP in the dialysis unit is key to helping the patient maintain optimism as their kidney recovers.
- Changes in kidney allocation will happen this year. Educating patients about the potential impact to them personally is the role of the transplant team and dialysis unit staff.
- COVID vaccination is available to many patients with ESRD currently. Receiving the vaccine may require declining potential kidney offers. Understanding the risk and benefit of the vaccination is important to educating patients.
- Living kidney donation remains the best option for patients in need of kidney transplant. Through interactive conversation with donor and recipient, we can learn how best to support these patients.
- Non-directed or altruistic living donors make kidney transplantation possible for some fortunate recipients. We will seek to understand the motivation of these selfless individuals through interactive discussion
- Many individuals, dialysis patients and the general population, choose to use substances either recreationally or as self-medication. Identifying addiction and potential impact on the success of kidney transplant recipients requires clear communication between the patient, the dialysis unit and the transplant team.
- Kidney transplant candidates have input into what type of organ offers they may receive. Understanding 2 for 1, en-bloc, DCD, high KDPI, HCV or HBV positive kidney offers requires a team approach to educate patients about their choices.



## Desired Outcomes

AT THE END OF THIS WORKSHOP, PARTICIPANTS WILL:

- 1 Understand changes in kidney allocation and what drives those changes
- 2 Describe different types of kidneys patient may be offered and potential ramifications to their post-transplant care
- 3 Discuss team members' role in the decisions made about a patient's candidacy for kidney transplantation
- 4 Describe the motivation of an altruistic kidney donor
- 5 Discuss factors considered when assessing a patient's substance use
- 6 Understand why a patient's physical endurance is considered as part of the assessment for kidney transplant candidacy
- 7 Discuss best care of patient with delayed graft function after kidney transplantation
- 8 Understand implications of chronic kidney failure and managing dialysis and transplant evaluation during a pandemic
- 9 Understand the COVID vaccination strategy for kidney transplant candidates and recipients



# agenda

- 9:00AM Welcome and Housekeeping Remarks, Barb Shephard, RN, BSN
- 9:15 *A Changes (Again?) in Kidney Allocation: What it means for our patients, Alden Doyle, MD*
- 9:45 What patients need to know about the kidney they may be offered, Alden Doyle, MD
- 10:15 *Break and exhibitors*
- 10:30 Interactive Patient Selection Committee Meeting, Whole Team
- 11:15 *Living donor panel discussion: Non-directed Donors & Their Recipients, Emily Lyster, MSW*
- 11:35 Living donor panel discussion: Altruistic donors
- 12:00PM *Lunch Break and exhibitors*
- 1:00 Substance Use and kidney transplantation: Navigating this slippery slope, Melissa Dorris, MSW
- 1:45 *Nutrition and Frailty as a Predictor of kidney transplant outcome, Rebecca Turner, RD*
- 2:15 Delayed graft function: What to know about AKI, Amber Lanter, RN
- 2:45 *Break and exhibitors*
- 3:00 COVID: Courage and the dialysis patient, Anthony Reed
- 3:30 *Updates on COVID vaccination: Implications for pre- and post-transplant, Swati Rao, MD*
- 4:00 Closing remarks, Barb Shephard, RN, BSN



## REGISTRATION

Registration and payment are available at [www.cmevillage.com](http://www.cmevillage.com), (visit our Learning Portal or Upcoming Events). Registration will close midnight on June 22, 2021. The course syllabus will be available online only the week of the conference until 30 days after the conference. PLEASE NOTE: Policies on cancellation, payment methods and accommodation requests can be found on our website under FAQs. Additional questions, please contact [uvacme@virginia.edu](mailto:uvacme@virginia.edu) or 434-924-5310.

### Early Bird rate through April 21, 2021

Physician ..... \$100  
All other HCP ..... \$75

### Rate April 22-June 22, 2021

Physician ..... \$130  
All other HCP ..... \$90

## CONTACT INFORMATION

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## FACULTY

Unless otherwise noted all faculty are from the University of Virginia

- Avinash Agarwal, MD\*  
Transplant Surgeon
- Ben Beitzel, RN, MSN\*  
Transplant Director
- Kenneth Brayman, MD\*  
Kidney Transplant Surgical Director
- Melissa Dorris, MSW  
Transplant Social Worker
- Alden Doyle, MD  
Transplant Medical Director
- Barbara Hall, RN\*  
Dialysis Nurse
- Robyn Hamilton, RN\*  
Dialysis Nurse
- Shannon James\*  
Financial Coordinator
- Barbara Jefferson, RN\*  
Dialysis RN
- Sarah Klick, MSW\*  
Social Worker  
Fresenius Kidney Care Dialysis Center
- Amber Lanter, RN\*  
Kidney Transplant Coordinator
- Emily Lyster, MSW\*  
Living Donor Advocate
- Angie Nishio, MD\*  
Transplant Nephrologist
- Jose Oberholzer, MD\*  
Transplant Director
- Edward Phifer, MSW\*  
Social Worker  
Davita Dialysis Center
- Suzanne Queheillalt, MSN, RN, ACNS-BC\*  
Transplant CNS
- Swati Rao, MD  
Transplant Nephrologist
- Anthony Reed\*  
Biomedical Technician
- Kathryn Reid, PhD, RN, FNP\*  
Nurse Planner
- Barbara Shephard, RN, BSN\*  
Course Director
- Anita Sites, ANP\*  
Living Donor Lead
- Rob Teaster, RN, MBA\*  
Transplant Administrator
- Rebecca Turner, RD\*  
Transplant Dietician
- Andrea Zimmerman, EdD\*  
Learning Engineer

\*Planning Committee

## Accreditation & Designation Statements

In support of improving patient care, the University of Virginia School of Medicine and School of Nursing is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



JOINTLY ACCREDITED PROVIDER™  
INTERPROFESSIONAL CONTINUING EDUCATION

### AMA PRA CATEGORY 1 CREDIT

The University of Virginia School of Medicine and School of Nursing designates this live activity for a maximum of **5.25 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### ANCC CONTACT HOURS

The University of Virginia School of Medicine and School of Nursing awards **5.25 contact hours** for nurses who participate in this educational activity and complete the post activity evaluation.

### CEPTC CREDIT

As a designated Approved Provider by the American Board for Transplant Certification (ABTC), University of Virginia School of Medicine grants up to **5.25 Category 1 Continuing Education Points for Transplant Certification (CEPTCs)** for this offering. CODE: 162-153

### AAPA CME CREDIT

Live- This activity is designated for **5.25 AAPA Category 1 CME credits**. Approval is valid until February 3, 2024. PAs should only claim credit commensurate with the extent of their participation.

### ASWB CREDIT

As a Jointly Accredited Organization, the University of Virginia School of Medicine and School of Nursing is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. The University of Virginia School of Medicine and School of Nursing maintains responsibility for this course. Social workers completing this course receive **5.25 continuing education credits**.

### IPCE CREDIT

This activity was planned by and for the healthcare team, and learners will receive **5.25 Interprofessional Continuing Education (IPCE) credit** for learning and change.



A special THANK YOU to Tom McGovern for capturing pictures of our patients and staff during the 50th Anniversary Celebration | [www.tommcgphoto.com](http://www.tommcgphoto.com)

### CDR CPEU CREDIT

Completion of this RD/DTR profession-specific or IPCE activity awards CPEUs (One IPCE credit=One CPEU).

If the activity is dietetics-related but not targeted to RDs or DTRs, CPEUs may be claimed which are commensurate with participation in contact hours (One 60 minute hour= 1 CPEU). RD's and DTRs are to select activity type 102 in their Activity Log. Performance Indicator selection is at the learner's discretion.

### HOURS OF PARTICIPATION

The University of Virginia School of Medicine and School of Nursing awards **5.25 hours of participation** (consistent with the designated number of *AMA PRA Category 1 Credit(s)™* or ANCC contact hours) to a participant who successfully completes this educational activity. The University of Virginia School of Medicine and School of Nursing maintains a record of participation for six (6) years.

## Disclosure of faculty financial affiliations

The University of Virginia School of Medicine and School of Nursing, as a Joint Accreditation provider by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), endorses and strives to comply with the Accreditation Council for Continuing Medical Education (ACCME) *Standards for Integrity and Independence in Accredited Continuing Education*, Commonwealth of Virginia statutes, University of Virginia policies and procedures, and associated federal and private regulations and guidelines on the need for disclosure and monitoring of proprietary and financial interests that may affect the scientific integrity and balance of content delivered in continuing education activities under our auspices.

The University of Virginia School of Medicine and School of Nursing requires that all CE activities accredited through this institution be developed independently and be scientifically rigorous, balanced and objective in the presentation/discussion of its content, theories and practices.

All planners, committee members, faculty, reviewers, authors, and staff in a position to control the content of accredited education programs are required to disclose relevant financial relationships with commercial entities occurring within the past 12 months (such as grants or research support, employee, consultant, stock holder, member of speakers bureau, etc.). An individual has a relevant financial relationship if the individual or their spouse/partner has a financial relationship in any amount occurring in the last 12 months with an ACCME-defined commercial interest whose products or services are discussed in the educational activity content over which the individual has control. Relevant financial relationships will be disclosed to the activity audience. Refusal or failure to provide disclosure information in a timely manner will result in the disqualification from participation in the activity. The University of Virginia School of Medicine and School of Nursing will employ appropriate mechanisms to resolve potential conflicts of interest to maintain the standards of fair and balanced education to the participant. Questions about specific strategies can be directed to the University of Virginia School of Medicine and School of Nursing, Charlottesville, Virginia.

*The faculty and staff of the University of Virginia School of Medicine Office of Continuing Medical Education and School of Nursing Continuing Education have disclosed no relevant personal or professional financial relationships with commercial entities producing healthcare goods or services.*

## Disclosure of discussion of non-FDA approved uses for pharmaceutical products and/or medical devices

The University of Virginia School of Medicine and School of Nursing, as a Joint Accreditation provider by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), require that all faculty presenters identify and disclose the discussion of any off-label uses for pharmaceutical and medical device products. Each clinician/team needs to fully review all the available data on new products or procedures prior to clinical use.