

THE UNIVERSITY OF VIRGINIA DEPARTMENT OF MEDICINE PRESENTS

**The 48th Annual
Edward W. Hook, Jr., MD
RECENT ADVANCES IN CLINICAL MEDICINE**

OCTOBER 27-29, 2021

**OMNI HOTEL CHARLOTTESVILLE, VA
& VIRTUALLY**



PROVIDED BY THE UNIVERSITY OF VIRGINIA,
SCHOOL OF MEDICINE AND
SCHOOL OF NURSING CONTINUING EDUCATION

COURSE DESCRIPTION

The 48th Edward W. Hook, Jr., MD Recent Advances in Clinical Medicine conference is a multidisciplinary, interprofessional, continuing education conference designed to provide primary care clinicians with the knowledge and skills needed to practice state-of-the-art generalist medicine. Through an eclectic array of presentations by representatives of general internal medicine, internal medicine subspecialties, and selected other specialties, the program will highlight new or emerging conditions or treatments with key “take-home” messages, as well as provide updates in the diagnosis and/or management of well-recognized conditions. The educational design of the program will encompass formal presentations, questions/answer panels and meet-the-professor sessions, which allow close interaction with content experts.

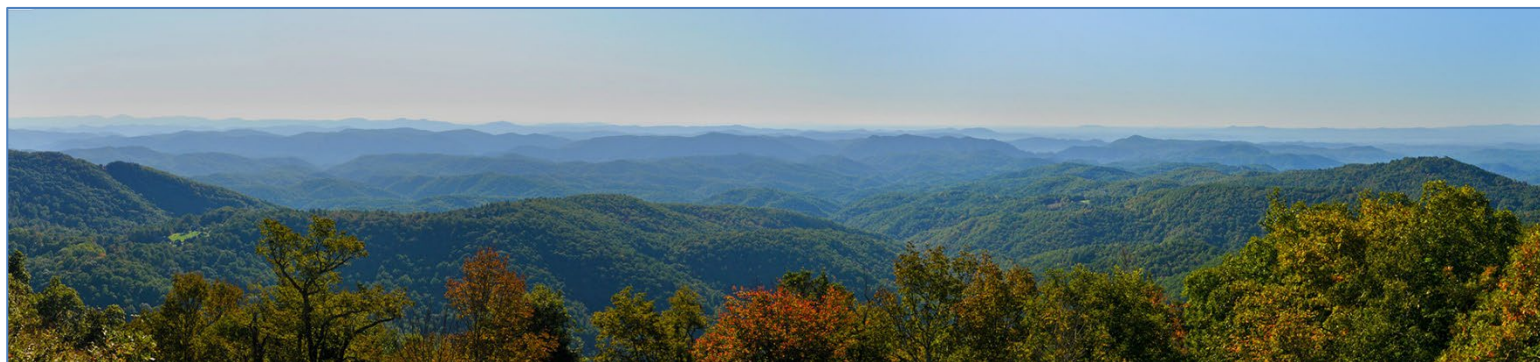
The content areas highlighted this year will include hematology-oncology, nephrology, neurology, psychiatry, allergy & immunology, general medicine, geriatrics and palliative care, infectious diseases (including an update on lessons learned from the COVID 19 Pandemic), pulmonary-critical care, rheumatology, women’s health, gastroenterology, cardiology, endocrinology, and a focus on skin & soft tissue challenges. There will be five specialized Meet-the-Professor sessions, reduced from the usual ten due to constraints imposed by dual live-zoom presentations, which require pre-registration. The Thursday lunch Meet-the-Professor session will contain **1.0 AMA PRA Category 1 Credits™ of opioid focused content**, which may be applied toward the yearly required 2.0 hours by Virginia Department of Health. Additionally, completion of all three days of this course and the Thursday lunch Meet-the-Professor session will satisfy approximately 3.0 hours of Pharmacotherapeutic content. Attendees may register for one or more days according to their availability. **At this time, in-person registration is limited to 100 persons per Governor’s orders but may change closer to the conference date.**

The *online syllabus and streamed videos will be free of charge to ALL registrants, updated the week after the conference and available at no additional charge until November 29, 2021.* A hardcopy syllabus may be ordered only by in-person registrants at a cost of \$85. Hardcopy syllabi will not be available for streamed registrants.

DESIRED OUTCOMES

At the completion of this program, participants will be able to:

1. Initiate evaluation of both common symptom complexes and medical conditions encountered in primary care and hospital practice, utilizing evidence-based and state-of-the-art approaches
2. Institute or modify management of selected important conditions seen in the general adult population, employing up-to-date and cost-effective strategies
3. Recognize when specialty referral is indicated for certain medical conditions and have a basic understanding of the anticipated care to be provided by the consultant
4. Counsel patients more effectively regarding the benefits, risks, and uncertainties in challenging clinical scenarios, such as contraception, osteoporosis, and diabetes management options.
5. Discuss the latest developments regarding the Covid-19 pandemic, including immunization and post-Covid complications.
6. Employ best practices in the management of neurological and psychiatric conditions commonly affecting primary care patients.





FACULTY & PLANNING COMMITTEE

Jamison M. Bourque, MD	Associate Professor	Cardiology
Sue A. Brown, MD	Associate Professor	Endocrinology
Eva C. Casola, MBA	Program Manager	Continuing Medical Education
Richard D. Hall, MD, MS	Assistant Professor	Hematology – Oncology
Patrick E. H. Jackson, MD	Assistant Professor	Infectious Diseases
Beth A. Jaeger-Landis, ACNP ♣	Nurse Practitioner	General Medicine
Kambiz Kalantari, MD	Associate Professor	Nephrology
Donna A. Landen, MD	Assistant Professor	Family Medicine
Hannah C. Mannem, MD	Assistant Professor	Pulmonary
Kathryn B. Reid, PhD, RN, FNP-C ♦	Associate Professor	School of Nursing
Bryan G. Sauer, MD, MSc	Associate Professor	Gastroenterology
Andrew M. D. Wolf, MD ★	Professor	General Medicine

- ★ Course Director
- ♦ Nurse Planner
- ♣ Nursing Content Expert

UNIVERSITY OF VIRGINIA FACULTY SPEAKERS

Maria C. Badaracco, MD	Assistant Professor	General Medicine
Eugene J. Barrett, MD	Director of Diabetes Center	Endocrinology
Andrew J. Barros, MD	Assistant Professor	Pulmonary
Taison D. Bell, MD	Assistant Professor	Infectious Diseases
Ross C. Buerlein, MD	Assistant Professor	Gastroenterology
David M. Callender, MD	Assistant Professor	General Medicine
Adam Q. Carlson, MD	Assistant Professor	Rheumatology
Corey Cavanaugh, MD	Assistant Professor	Nephrology
Bruce J. Cohen, MD	Associate Professor	Psychiatry & Neurobehavioral Sciences

UNIVERSITY OF VIRGINIA FACULTY SPEAKERS (cont.)

Margaret K. Crook, MD	Assistant Professor	Endocrinology
Anelyssa D'Abreu, MD	Associate Professor	Neurology
W. Alexander Dalrymple, MD	Assistant Professor	Neurology
Andrew E. Darby, MD	Associate Professor	Cardiology
Jeannine Z. Engel, MD	Associate Professor	General Medicine
Esteban J. Figueroa, MD	Assistant Professor	Gastroenterology
Miriam T. Gomez-Sanchez, MD	Assistant Professor	General Medicine
Darren J. Guffey, MD	Assistant Professor	Dermatology
Kristen C. Heinan, MD	Assistant Professor	Neurology
Johann H. Hsu, MD	Assistant Professor	Hematology – Oncology
Katherine G. Jaffe, MD	Assistant Professor	General Medicine
John Kim, MD	Assistant Professor	Pulmonary
Daphne H. Knicely, MD	Associate Professor	Nephrology
Monica G. Lawrence, MD	Associate Professor	Allergy & Immunology
John M. MacKnight, MD	Professor	General Medicine
Louise M. Man, MD	Assistant Professor	Hematology – Oncology
Shannon N. Moonah, MD	Assistant Professor	Infectious Diseases
Gabriela S. Pachano Pesantez, MD	Assistant Professor	Psychiatry & Neurobehavioral Sciences
William A. Petri, Jr, MD	Professor	Infectious Diseases
Steven T. Philips, MD	Assistant Professor	Cardiology
Catherine R. Ratliff, PhD, GNP-BC	Nurse Practitioner	Plastic Surgery
Stacey Seeley, MSN, WHNP-BC	Nurse Practitioner	Procreate Fertility Center of VA, Chesapeake, VA
Anna R. Smith, MD	Assistant Professor	Allergy & Immunology
Nishtha Sodhi, MD	Assistant Professor	Cardiology
Lindsay L. Somerville, MD	Assistant Professor	Pulmonary
Keri A. Stevenson, MD	Assistant Professor	Psychiatry & Neurobehavioral Sciences
Feng Su, MD	Assistant Professor	Gastroenterology
Mary K. Voelmle, APRN	RN Care Coordinator, Clin 3	Endocrinology
Leslie P. Ward, PharmD	Clinical Pharmacist	Pharmacy Clinical Services
Andrew M. Whitman, PharmD, BCOP	Clinical Pharmacist	Pharmacy Clinical Services
Jae H. Yun, MD	Assistant Professor	Rheumatology

AGENDA

Wednesday, October 27, 2021

7:00-8:00	Registration, Breakfast & Exhibitors	
8:00-8:10	Welcoming remarks	Mitchell H. Rosner, MD Andrew M.D. Wolf, MD
8:10-9:50	HEMATOLOGY-ONCOLOGY	
8:10-8:15	Introduction	
8:15-8:40	The ABCs of VTE Management in 2021	Louise M. Man, MD
8:40-9:05	The Clot Thickens: Practical Considerations for DOAC Mgt.	Leslie P. Ward, PharmD
9:05-9:30	When is Monoclonal Gammopathy of Undertermined Significance Significant? Evaluation & Management Considerations in 2021	Johann H. Hsu, MD
9:30-9:50	Panel Discussion	
9:50-10:10	Mid-morning Break & Exhibitors	
10:10-11:25	NEPHROLOGY	
10:10-10:15	Introduction	
10:15-10:40	Collaborating on Kidney Disease: CKD Management for the PCP	Daphne H. Knicely, MD
10:40-11:05	Contemporary Approach to Hematuria	Corey Cavanaugh, DO
11:05-11:25	Panel Discussion	
11:25-12:25	Lunch on your own or MEET THE PROFESSOR (pre-registration required; will be streamed)	
	Practical Approach to Managing the Painful Shoulder	John M. MacKnight, MD
12:25-2:05	NEUROLOGY	
12:25-12:30	Introduction	
12:30-12:55	There's Not Much to Do for Dementia, Right? Wrong!	Anelyssa D'Abreu, MD
12:55-1:20	Concussion Evaluation & Management	Kristen C. Heinan, MD
1:20-1:45	Shaking Things Up in the Evaluation & Management of Tremor in Primary Care	W. Alexander Dalrymple, MD
1:45-2:05	Panel Discussion	
	PSYCHIATRY	
2:05-2:10	Introduction	
2:10-2:35	Bipolar Management in Primary Care	Bruce J. Cohen, MD
2:35-3:00	Anxiety Management Tips	Gabriela S. Pachano Pesantez, MD
3:00-3:25	Depression: Treating the Treatment-Resistant	Keri A. Stevenson, MD
3:25-3:45	Panel Discussion	
3:45-4:05	Afternoon Break & Exhibitors	
4:05-5:20	ALLERGY & IMMUNOLOGY	
4:05-4:10	Introduction	
4:10-4:35	Doc, Is There Something Wrong with My Immune System? Evaluating for Immune Deficiencies	Monica G. Lawrence, MD
4:35-5:00	Pollens, and Peanuts, and Paraphenylenediamine! Oh, my! How Understanding Allergy Testing Can Help Your Patients	Anna R. Smith, MD
5:00-5:20	Panel Discussion	
5:20	ADJOURN	

AGENDA

Thursday, October 28, 2021

7:00-8:00	BREAKFAST or MEET THE PROFESSOR (pre-registration required)	
	The New & Improved Medicare Wellness Exam	Katherine G. Jaffe, MD
8:00-9:40	GENERAL MEDICINE, GERIATRICS & PALLIATIVE CARE	
8:00-8:05	Introduction	
8:05-8:30	Turning Out the Lights on Insomnia	David M. Callender, MD
8:30-8:55	Issues in Transitioning Care from Hospital to Home	Miriam T. Gomes-Sanchez, MD
8:55-9:20	Uses and Misuses of Vitamin D Screening	Maria C. Badaracco, MD
9:20-9:40	Panel Discussion	
9:40-10:00	Mid-morning Break & Exhibitors	
10:00-11:40	INFECTIOUS DISEASES	
10:00-10:05	Introduction	
10:05-10:30	Battling Bad Diarrhea: Recent Updates on the Treatment of <i>C. difficile</i> Infection	Shannon N. Moonah, MD
10:30-10:55	Past and Future of COVID-19 Vaccines	William A. Petri, MD
10:55-11:20	Lessons Learned from the Covid-19 Pandemic	Taison D. Bell, MD
11:20-11:40	Panel	
11:40-12:40	LUNCH on your own or MEET THE PROFESSOR (pre-registration required; will be streamed)	
	Pharm-to-Table: Understanding the Different Flavors of Cannabis in Medicine – Let’s Weed Through the Updates!	Andrew M. Whitman, PharmD, BCOP
12:40-2:20	PULMONARY-CRITICAL CARE	
12:40-12:45	Introduction	
12:45-1:10	Updates on Evaluation & Management of Chronic Cough	Lindsay J. Somerville, MD
1:10-1:35	What’s New in Interstitial Lung Disease?	John Kim, MD
1:35-2:00	Post-Covid Sequelae for the PCP	Andrew J. Barros, MD
2:00-2:20	Panel Discussion	
2:20-2:40	Afternoon Break & Exhibitors	
2:40-4:20	RHEUMATOLOGY	
2:40-2:45	Introduction	
2:45-3:10	Updates on Giant Cell Arteritis & Polymyalgia Rheumatica	Jae Hee Yun, MD
3:10-3:35	Getting Back to Action: Rheumatologist’s Guide to Diagnosis and Mangement of Inflammatory Back Pain	Adam Q. Carlson, MD
3:35-3:55	Panel Discussion	
3:55-4:00	5 min stretch break	
4:00-5:15	WOMEN'S HEALTH: FOCUS ON CONTRACEPTION	
4:00-4:05	Introduction	
4:05-4:55	Contraception: What Are the Options in 2021?	Stacey Seeley, MSN, APRN
4:55-5:15	Panel Discussion	
5:15	ADJOURN	

AGENDA

Friday, October 29, 2021

7:00-8:00	BREAKFAST or MEET THE PROFESSOR (pre-registration required)	
	The New Era of Coding & Billing: RIP to ROS	Jeanine Engel, MD
8:00-10:00	GASTROENTEROLOGY	
8:00-8:05	Introduction	
8:05-8:30	Colon Cancer Focus on Polyps: Types, Significance, New Guidelines	Ross C. Buerlein, MD
8:30-8:55	Inflammatory Bowel Disease: What the PCP Needs to Know	Esteban J. Figueroa, MD
8:55-9:20	A Rational Approach to Evaluating Abnormal LFT's	Feng Su, MD
9:20-9:40	Panel Discussion	
9:40-10:00	Mid-morning Break & Exhibitors	
10:00-11:40	CARDIOLOGY	
10:00-10:05	Introduction	
10:05-10:30	Contemporary Management of Structural and Valvular Heart Disease	Nishtha Sodhi, MD
10:30-10:55	2021 Update in Arrhythmia Evaluation and Management	Andrew E. Darby, MD
10:55-11:20	Changing Treatment Paradigms in Heart Failure	Steven T. Philips, MD
11:20-11:40	Panel Discussion	
11:40-12:40	LUNCH on your own or MEET THE PROFESSOR (pre-registration required)	
	Continuous Glucose Monitoring: What the PCP Needs to Know	Mary K. Voelmle, APRN
12:40-2:20	ENDOCRINOLOGY	
12:40-12:45	Introduction	
12:45-1:10	Update on AACE Osteoporosis Guidelines	Meg J. Crook, MD
1:10-1:35	What To Do with a High Calcium?	Sue A. Brown, MD
1:35-2:00	GLP1-Receptor Agonists and SGLT2 Inhibitors in Type 2 Diabetes: How to Choose	Eugene J. Barrett, MD
2:00-2:20	Panel Discussion	
2:20-2:40	Afternoon Break & Exhibitors	
2:40-4:20	MULTIDISCIPLINARY: SKIN & SOFT TISSUE CHALLENGES	
2:40-2:45	Introduction	
2:45-3:10	Actinic Keratosis and Squamous Cell Carcinoma: An Update on Treatment and Secondary Prevention	Darren J. Guffey, MD
3:10-3:35	Pressure Wound Management: Wet-to-Dry, Honey or What?	Catherine R. Ratliff, PhD, GNP-BC
3:35-3:55	Panel Discussion	
4:20	ADJOURN	

ACCREDITATION AND DESIGNATION STATEMENT



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, the University of Virginia School of Medicine and School of Nursing is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The University of Virginia School of Medicine and School of Nursing designates this live activity for a maximum of **20.0 AMA PRA Category 1 Credits™** for the main course and **1.0 AMA PRA Category 1 Credits™** for each of 5 possible breakout sessions for a **total of 25.0 credits**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The University of Virginia School of Medicine and School of Nursing awards **20.0 contact hours** for the main course and **1.0 AMA PRA Category 1 Credits™** for each of 5 possible breakout sessions for a **total of 25.0 contact hours** for nurses who participate in this educational activity and complete the post activity evaluation. The University of Virginia School of Medicine and The University of Virginia School of Nursing Continuing Education maintain a record of participation for six (6) years.

The University of Virginia School of Medicine and School of Nursing awards **20.0 hours of participation** for the main course and **1.0 AMA PRA Category 1 Credits™** for each of 5 possible breakout sessions for a **total of 25.0 hours of participation** (consistent with the designated number of *AMA PRA Category 1 Credit(s)™* or ANCC contact hours) to a participant who successfully completes this educational activity. The University of Virginia School of Medicine and School of Nursing maintains a record of participation for six (6) years.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to **20.0 MOC points** for the main course and **1.0 MOC points** for each of 5 possible breakout sessions for a **total of 25.0 MOC points** in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

This Live activity, 48th Annual Edward W. Hook, Jr., MD – Recent Advances in Clinical Medicine, with a beginning date of 10/27/2021, is being reviewed for acceptance of Prescribed credit(s) by the American Academy of Family Physicians.



LOCATION & LODGING

This conference will be held at the **Omni Charlottesville Hotel**, 212 Ridge McIntire Road, Charlottesville, Virginia 22903. To make reservations, please call 434-971-5500 or 1-800-THE-OMNI **before Monday, 9/27/2021** in order to secure a room at the block rate of \$197 + taxes. Alternately, you may use this link to cut/paste into your browser <https://tinyurl.com/OmniRACM2021>. Parking in the Omni garage is complimentary to guests and included in registration for attendees during the conference. ***Parking elsewhere is at the expense and risk of the registrant.***

Additional rooms have been reserved across the street at the **Marriott Residence Inn Charlottesville Downtown**, 315 West Main Street, Charlottesville, VA 22903 for \$189 + taxes and will be available until **Friday, 10/1/2021**. Alternately, you may use this link, <https://tinyurl.com/MarriottRACM2021>, and cut/paste into your browser, to make your reservation, or call the desk at 434-220-0075 or 1-800-331-3131 and identify yourself as a participant at the "UVA Hook Recent Advances Conference". **Parking in the Marriott garage is complimentary to guests.**

REGISTRATION

Registration and payment are available at www.cmevillage.com, (visit our Learning Portal or Upcoming Events). Registration will close midnight on October 24, 2021. Fees for in-person (currently limited to 100 but may change closer to the conference date) and streamed attendees include lectures, case and panel discussions. In-person attendees will also receive breakfast, refreshments during morning and afternoon breaks, Wi-Fi and parking.

Please Note: Policies on cancellation, payment methods and accommodation requests can be found on our website under FAQs. Additional questions, please contact uvacme@virginia.edu or 434-924-5310.

Prices are for in-person & streamed sessions (100 PERSON LIMIT MAY CHANGE PER GOVERNOR'S ORDERS)	In-person through midnight 10/24/2021 (CURRENT LIMIT 100)	Streamed through midnight 10/24/2021	Walk-in Registration NOT AVAILABLE *
Main Session(s) (CURRENT LIMIT 100)			
Physician	\$650	\$650	N/A
Other HCP	\$600	\$600	N/A
Paper Syllabus (IN-PERSON ONLY; ORDER BY 10/11/21; DAILY & STREAMED N/A) **	\$85	N/A	N/A
ONE DAY ONLY *	\$325	N/A	N/A
Meet-the-Professor (Breakfast)	\$35	\$35	N/A
Meet-the-Professor (Lunch)	\$45	\$45	N/A

* Contact the CME Office for this option; 434-924-5310 | uvacme@virginia.edu

Hardcopy syllabus for in-person registrants only **AND WILL NOT BE MAILED TO ATTENDEES; Streamed & Daily N/A; MUST ORDER BY 10/11/21

CUTOFF FOR ORDERING A HARDCOPY SYLLABUS IS OCTOBER 11, 2021

- REGISTRATION WILL CLOSE AS OF MIDNIGHT OCTOBER 24, 2021 FOR BOTH IN-PERSON AND STREAMED ATTENDEES.
- Eligible UVA employees may wish to consider use of the Education Benefits Program, if available, to assist with the conference registration fee. **No discounts will be provided for registrants.** For more information, visit <https://hr.virginia.edu/career-development/education-benefits>

CONTACT INFORMATION: CME Office, 434-924-5310, uvacme@virginia.edu